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Vancouver metro

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# Find out why a Lannister always pays his debts

EDUCATION

## UBC offering new course on HBO's Game of Thrones

**Thandi Fletcher**
Metro | Vancouver

Winter is coming to the University of B.C. in more ways than one this January.

The university is offering a new course next semester that will examine Game of Thrones and George R. R. Martin's A Song of Ice and Fire books, on which the hit HBO television series is based.

Robert Rouse, an associate professor in UBC's Department of English who is teaching the course — titled Our Modern Medieval: The Song of Ice and Fire as contemporary Medievalism — said he came up with the idea while teaching a medieval-studies class about how the Middle Ages is imagined through TV shows like Game of Thrones.

"The students were really enthused," he told Metro. "Of course, they're all Game of Thrones fans at the moment because of the TV series."

Before they start the course, students are encouraged to be up to date with the TV series and to have already read the novels, which are each several hundred pages long. They will then compare Martin's works with medieval texts, said Rouse.

**Actress Emilia Clarke as Daenerys Targaryen in the hit HBO television series Game of Thrones. Students at the University of British Columbia will soon be able to study Clarke's character, as well as others from the show.** COURTESY HBO

"It's a conversation between Martin and the Middle Ages," he said of the course.

"We'll get them to think about and talk about what Martin is doing by re-working these ideas through a very dark, modern lens and what that's telling us about our understanding of both the past and the present."

Although it has yet to begin, Rouse said the seminar, which is only open to 16 fourth-year students, is already proving to be hugely popular. The course filled up on the same day registration opened in July.

If all goes well, Rouse said he is considering teaching the course again next year or expanding it as a larger seminar for lower-level students.

UBC is not the first university to offer a course on Game of Thrones. The University of California, Berkeley currently offers a first-year film-studies course on Game of Thrones, while the University of Virginia was among the first to analyze the differences between the novels and the TV series.

Rouse said students seem to be excited about the "chance to sit down with all five volumes and five series of Martin's work."

"It's the same reason why people are fascinated by the series," he said. "Martin's not a good writer, but he's a wonderful storyteller. He makes you turn the pages."

> **We'll get them to think about and talk about what (R. R.) Martin is doing by re-working these ideas through a very dark, modern lens.** Robert Rouse

## IN BRIEF

**Squamish Nation wants more input on LNG plant**

The Squamish Nation says the B.C. government's conditional approval of a proposed liquefied-natural-gas export facility did not fully assess how the project would impact its aboriginal rights.

Chief Ian Campbell says the Squamish Nation is looking forward to further discussions with the government because many of its own conditions for approving the facility are different than those set out in the certificate.

The Environment Ministry has said Woodfibre LNG must continue to work with aboriginal groups.

THE CANADIAN PRESS

**First Nation writes its own declaration of title rights**

A First Nation on British Columbia's central coast is not waiting for the provincial and federal governments to draft a reconciliation agreement.

The Heiltsuk Nation has written and signed its own declaration, setting out what it says is a new mandate for a relationship within Canada.

Heiltsuk hereditary chiefs and elected leaders say that as the sovereign authority over more than 35,000 square kilometres of the central coast, the First Nation has the right to control, manage and benefit from territorial resources.

THE CANADIAN PRESS

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# Viaducts demo not a done deal

INFRASTRUCTURE

## Province says city should put the teardown project on hold

Emily Jackson
Metro | Vancouver

Looks like Vancouver may be in for some tough negotiations with the province before it can move forward with plans to tear down the Georgia and Dunsmuir viaducts.

"Nothing is a done deal here with the viaducts," B.C. Transportation Minister Todd Stone told reporters in Victoria on Wednesday.

Stone said the province and its crown corporation PavCo, which owns B.C. Place and some surrounding property, have "serious concerns" over access to B.C. Place, soil remediation challenges and the city's plan to build a road on some of its property.

"There have been no meaningful discussions that I am aware of over the past couple of years between the city and PavCo. That to me is concerning," Stone said, although he quickly added the province is "more than willing to sit down and have that conversation with the City of Vancouver."

An Oct. 19 letter from PavCo CEO Ken Cretney to the city has a similar tone.

It states that PavCo had preliminary talks with the city and is willing to engage in detailed feasibility discussions with the city. If its concerns are adequately addressed, it's open to working with the city on the plan.

But it also states that PavCo does not yet have funds to engage in negotiations and called it "premature and inappropriate" to say the city could share in any cash the province gets from Concord Pacific based on their 1988 agreement with the developer.

Coun. Geoff Meggs isn't concerned by Stone's comments and don't think they mean the province won't play ball.

The city expected to save the substantial negotiations with both the province and PavCo until after council made its decision, he said.

There are "tremendous opportunities" for the province if the viaducts come down, as Concord must pay B.C. if density goes above a certain amount.

"I'm quite confident that there's enough gains here for everybody that there's a solution to be found," Meggs said.

### VIADUCTS: WHAT'S NEXT?

The viaducts will be destroyed, but it will be a few years before the under construction signs go up. Here's a timeline of what to expect:

**Now until spring 2017: Negotiations**
City planners must sit down at the bargaining table with major landowners including the province, the Aquilinis, Pavco and Concord Pacific.

Land value will increase once the viaducts are gone, so planners must negotiate how much developers will pay the city in development contributions and community amenity contributions in exchange for the extra value.

**Early 2018: Deconstruction begins**
Once the city has its funding sources in place, it will begin to tear down those roads.

Construction will undoubtedly cause traffic snarls

**2020: Roadway complete**
The at-grade roadway, including a two-way Georgia Street ramp and a six-lane Pacific Boulevard, will be finished.

Upgrades to the eastern part of the seawall are also expected to be finished by this point.

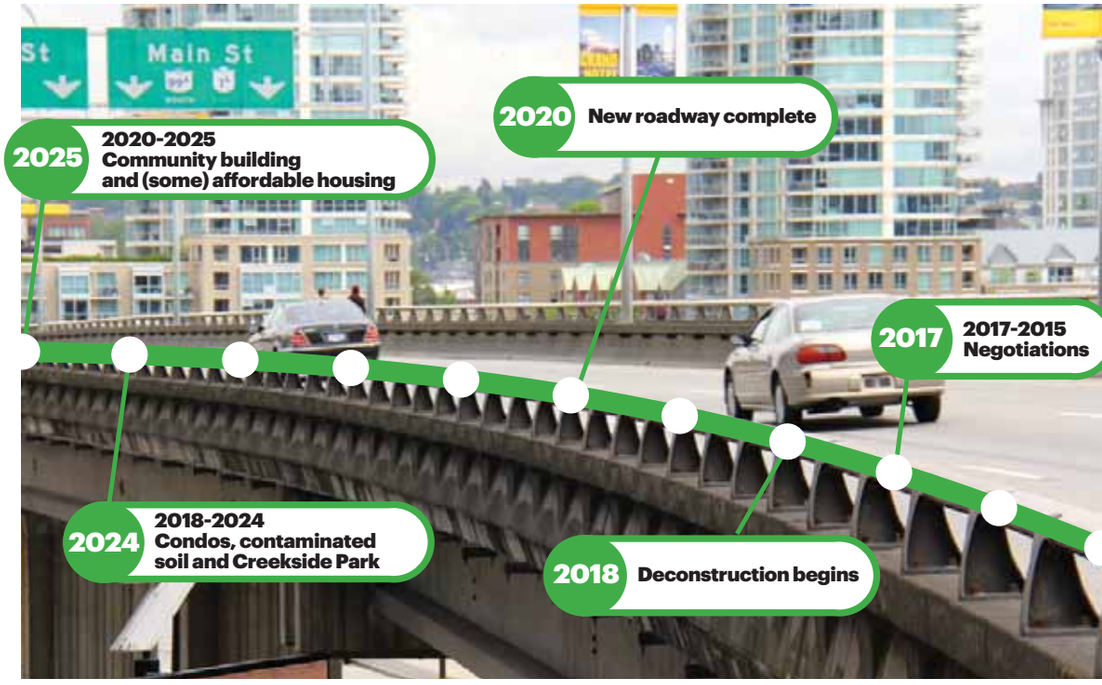
**2018 to 2024: Condos, contaminated soil and Creekside Park**
When the viaducts come down, Concord will start developing its final piece of the Expo '86 lands it bought from the province 27 years ago.

Dealing with contaminated soils is expected to cost between $16 and $21 million.

**2020 to 2025: Community building and (some) affordable housing**
The city owns two city blocks that straddle Main Street between Prior and Union.

The blocks are currently occupied by the viaducts, but once those are gone the city wants to develop up to 850,000 square feet of housing, commercial space or community amenities.

## The proposed future of the viaducts

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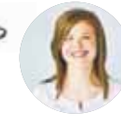

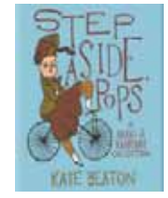


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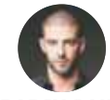

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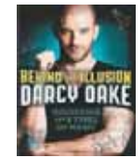


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# Too many pills can kill: Study

PAINKILLERS

## Prescribing practices linked to death and overdose

Thandi Fletcher
Metro | Vancouver

Prescription painkillers like fentanyl and oxycodone appear to be overprescribed in some parts of British Columbia, such as the southern Okanagan and Fraser Valley, resulting in higher rates of overdose and death, a new study suggests.

University of B.C. researchers, who collected data on the amount of opioids prescribed across 79 of the province's health areas from 2004 to 2013, found that about 30 deaths would have been avoided in that time period if prescription rates were brought down to the lower levels found in other regions, like North Vancouver, West Vancouver or Richmond.

The study also found that people who live in areas where more prescription drugs are dispensed are not sicker than people who live in areas with lower prescription rates.

Steve Morgan, senior author of the study and a professor in UBC's School of Population and Public Health, said the findings point to a need for change in prescribing practices and to monitor total sales of strong painkillers like fentanyl, oxycodone, morphine and hydromorphone.

"It seems that the more you fill, the more harm that is done," he told Metro. "But the solutions need to be mindful that this is a balancing act … Draconian prohibitions would not be the right thing."

**Fentanyl pills.** THE CANADIAN PRESS

**Steve Morgan** COURTESY UBC

> **The solutions need to be mindful that this is a balancing act … Draconian prohibitions would not be the right thing.**
> Steve Morgan, senior author of the study

Morgan said researchers aren't sure why prescription opioids appear to be overprescribed in some regions, but said his team is carrying out further research.

The researchers also found that nearly one-third of women and nearly two-thirds of men who died from an opioid overdose did not fill a prescription for the medication in the year prior to their death.

"This does suggest that people are either borrowing the medicines from family and friends, which does occur," he said. "But also, as is known, there is a street market for these prescription drugs where people may be purchasing what is referred to as diverted prescriptions."

Morgan said the findings highlight the need for B.C. to monitor prescription practices to avoid fraud and help prevent abuse of opioids.

"It's hopeful in the sense that British Columbia does have areas … with relatively controlled use and low death rates," he said. "We need to figure out what's going right in that area of the province and how can we invest in the structures needed to help all of B.C. control the use of these medicines in ways that are clinically appropriate."

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# ICBC blames highway bike fatality on cyclist's negligence

COURT

## Insurer responds to civil lawsuit filed by widow

B.C.'s public auto insurer says a cyclist's own carelessness led him to be run down and killed by an alleged impaired driver on a highway near Whistler.

The Insurance Corp. of B.C. responded to a lawsuit filed against it earlier this year by initially arguing that Ross Chafe may have been cycling under the influence of drugs or alcohol at the time of the May 31 collision.

A week later, the Crown corporation amended its original submission, removing the suggestion that Chafe could have been riding while "impaired by alcohol, drugs, fatigue, illness or any combination thereof."

The remaining 11 claims were not changed, including that Chafe's brakes were possibly faulty and that he might not have been riding legally or staying as close as possible to the road's shoulder.

"He was operating the said cycle without proper care and attention or without reasonable consideration for others using the highway," read the response to civil claim filed in B.C. Supreme Court on earlier this month.

"He failed to take reasonable or proper or any precaution to avoid the accident.... He failed to give any or adequate warning to (the driver of the vehicle) when the accident was, or should have appeared, imminent."

Chafe was out for a weekend ride with two others along Highway 99 about 50 kilometres north of Whistler when his group was hit by a vehicle alleged to have been driven by Samuel Alec.

On Sept. 17, Chafe's wife, Lizanne Bussieres, launched legal action against Alec and the vehicle's owner, Carmen Ned, for negligence. A month later, ICBC applied to be included as a third party in the case.

Bussieres alleged Ned was aware that Alec was impaired and still allowed him to use the vehicle, which she argued wasn't properly maintained.

Court documents indicate she filed the lawsuit on behalf of herself and her three children, aged 11, 15 and 17.

Bussieres wants compensation for the loss of guidance, support, household assistance and inheritance, as well as special damages for funeral and memorial service costs.

None of the allegations have been proven in court and neither Ned nor Alec have filed statements of defence.

The collision also killed Chafe's fellow cyclist Kelly Blunden and Paul Pierre Jr., who was a passenger in the vehicle.

In August, RCMP charged Alec with several offences, including impaired driving causing death, criminal negligence causing death and failure to remain at the scene of an accident. THE CANADIAN PRESS

> **(Ross Chafe) failed to give any or adequate warning to (the driver of the vehicle) when the accident was, or should have appeared, imminent.**
>
> Insurance Corp. of B.C.

Ross Chafe was killed in May while cycling north of Whistler. FACEBOOK

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SOCIAL WORK

# Court denies mom's bid to stop review

A government-led review of social workers' actions will take place against the wishes of a British Columbia woman whose estranged husband was granted visits with their children after sexually abusing them.

B.C. Supreme Court Chief Justice Christopher Hinkson dismissed the mother's application to stop the internal review over her lack of faith in the government and concerns that the review process is flawed.

Hinkson forcefully rejected her suggestion that the government can't be trusted, dismissing the assertion as "unwarranted hyperbole."

"This scandalous submission should not have been advanced," he said in his written decision.

Earlier this year, Justice Paul Walker released a blistering ruling that social workers had knowingly violated a court order banning the father from unsupervised visits, allowing him to assault the children.

Social workers labelled the mother crazy, put her four children in foster care and discounted her tearful efforts to convince them that her kids had been sexually abused by their father.

In the wake of Walker's 2015 ruling, the province appointed former civil servant Bob Plecas in July to lead an internal review into the policies and staffing concerns raised in the decision.

The mother protested in her petition that Plecas's appointment was an indirect attempt by the government to "retry" the case.

Her lawyer asked Hinkson to refine and narrow the review's terms of reference to ensure that Plecas would not be allowed to challenge the factual or legal conclusions made by Walker.

But Hinkson concluded the review would not undermine the earlier court decision that recommended the mother be granted sole custody of her children. THE CANADIAN PRESS

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## IN BRIEF

**Five people charged after lengthy police pursuit**

It was an escape attempt worthy of an action movie, complete with the ramming of a police vehicle and a 200-kilometre pursuit through southwestern B.C.

Five people face a long list of charges after RCMP followed a driver through numerous jurisdictions and three vehicle changes.

The police pursuit of a stolen vehicle began in Richmond, where two officers were uninjured after their vehicle was struck.

Police forces, then a helicopter and the dog service joined the pursuit as several occupants in a vehicle travelled through the Lower Mainland and the Fraser Valley and almost reached Manning Park.

Three men and two women, ranging in age from 20 to 31, were arrested and police say they face charges connected to break-and-enters, possession of stolen property and mail theft.

THE CANADIAN PRESS

**A memorial is set with candles and flowers at the First Street dock to remember those involved in the capsizing of the Leviathan II, in Tofino on Tuesday.** CHAD HIPOLITO/THE CANADIAN PRESS

# Twin Brits cut deeply by deaths

TOFINO

## Five people died when whale-watching boat capsized

Twin sisters with British roots say the deaths of five people in a whale-watching boat that capsized off the west coast of Vancouver Island cut even deeper knowing the deceased were from the United Kingdom.

Trudi and Astrid Castle said Wednesday they feel connected to the disaster, which is under investigation.

The sisters grew up in London, but now Trudi lives in Vancouver and Astrid makes her home in Berlin.

They were vacationing in the remote village of Tofino to get away from the hustle of city life when they heard about the deaths of five Britons, ranging from age 18 to 76. An Australian man remains missing.

"It's just completely tragic," said Astrid Castle, who visited Tofino's First Street dock overlooking the Pacific Ocean and nearby islands where the vessel is believed to have rolled Sunday during a big wave.

"It's sad if it happens to anyone, and then when you hear (they were) British it also feels a lot more like really awful to hear, especially as tourists here," Castle said.

"I'm gathering they were all tourists as well and they were just coming for a nice time, a nice holiday. And they go out and something like that happens."

A police dive team made its second attempt Wednesday afternoon to search the whale-watching boat, which capsized near Vargas Island, about 12 kilometres from Tofino, with 27 passengers and crew on board.

Heavy waves prevented RCMP officers from conducting a morning search, but receding winds gave them another chance to survey the vessel.

The Transportation Safety Board is hoping to recover electronic equipment that could establish the vessel's location and condition when it capsized.

> **It's just completely tragic.**
> Astrid Castle

The TSB has said sightseeing passengers crowded the top deck of the vessel when it was hit by a wave and then rolled, sending people into the water.

"We know that most passengers and crew were on the top deck on the port side ... this would have raised the centre of gravity, affecting the vessel's stability," Marc-Andre Poisson, the TSB's director of marine investigations, said Tuesday.

"We also know that the sea conditions were such that the wave approached the vessel from the starboard quarter," he said. "We know the vessel broached and then capsized."

Members of the missing Australian man's family arrived at an airport near Tofino on Wednesday but did not comment as they left in a waiting vehicle.

Trudi Castle said she and her sister are life-long city dwellers who are aware of the potential dangers in an urban environment though nature is supposed to be mostly peaceful.

"In nature you just have to be careful because there's lots of things out of your control."

The BC Coroners Service identified the five victims as Britons David Thomas, 50, and his 18 year-old son Stephen; Jack Slater, 76, a British national living in Toronto; Katie Taylor, a 29-year-old Briton living in Whistler, B.C., and 63-year-old Nigel Hooker of Southampton, England. THE CANADIAN PRESS

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# UN talks fuel climate task

**An ice floe floats on a lake in front of Solheimajokull glacier in Iceland earlier this month. Prime minister-designate Justin Trudeau, in attacking climate change, needs to bring policies and people together, according to expert Mark Jaccard.** THIBAULT CAMUS/THE ASSOCIATED PRESS FILE

**Michael Woods**
Metro | Ottawa

A potentially generation-defining international conference in Paris begins less than a month after Justin Trudeau becomes prime minister.

The UN conference on climate change, which begins Nov. 30, will see countries try to negotiate post-2020 targets for reducing greenhouse gas emissions.

However, according to at least one climate policy expert, Trudeau won't actually have to do much there.

"Internationally, he's got it made because he's not Stephen Harper, so he will be loved," said Mark Jaccard, who is also a professor at Simon Fraser University's School of Resource and Environmental Management in Burnaby, B.C. "All he has to do is sound enthusiastic and say we'll do our part."

During the election campaign, Trudeau committed to attending the Paris climate conference and bringing the premiers with him. In his first post-election press conference last week, Trudeau said he had already spoken with a number of premiers about attending the conference, and that "Canada's years of being a less-than-enthusiastic actor on the climate change file are behind us."

**Trudeau PROMISES TRACKER**
**PART IV**
- GENDER PARITY
- TAXATION
- REFUGEES
- CLIMATE
- INDIGENOUS WOMEN

The hard work really begins after Paris.

Trudeau also promised to hold a first ministers' meeting within 90 days to create a "pan-Canadian framework" for combatting climate change, including national emissions reduction targets.

Jaccard, who served on the Intergovernmental Panel on Climate Change and on Canada's National Roundtable on the Environment and the Economy, said there's more provincial will to tackle the problem than in the past.

For example, in the era of the Kyoto Accord, then-prime minister Jean Chretien had "an antagonistic government in Alberta, an almost disinterested government in Quebec, and Saskatchewan and B.C. were not that keen," Jaccard said.

Now, Quebec has a cap-and-trade system. Ontario says it's negotiating its way in to link with Quebec and California. B.C. has a carbon tax, and Alberta has promised more action on greenhouse gases.

"The solution now to bring everybody under the same system is to ensure that it doesn't inadvertently become a tool of redistribution," Jaccard said. "(Trudeau) will have to figure out how to mesh divergent policies, bring laggards into some kind of national system, and then start to have binding cap requirements that make sense in terms of global goals."

The Liberals would give the provinces flexibility to set their own carbon pricing systems.

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COURTS

## Senator discharged on assault, drug raps

Sen. Patrick Brazeau said Wednesday he's focused on getting back to the upper chamber "as quickly as possible" after a Quebec judge agreed to grant him an unconditional discharge on assault and drug charges.

The decision means Brazeau avoids the prospect of jail time and even a criminal record, despite having pleaded guilty to the charges in September.

"This nightmare, I've been living with this for two and a half years and it's finally over," Brazeau said outside the courtroom in Gatineau, Que., after the decision came down.

Partway through the trial, Brazeau pleaded to reduced charges of assault and possession of cocaine, while the more serious charge of sexual assault was dropped due to a lack of evidence.

Quebec Court Judge Valmont Beaulieu read a decision that outlined why he agreed with the joint recommendation of the Crown prosecutor and Brazeau's lawyer, who urged him to grant a discharge.

The victim did not make a statement to the court before the sentencing.

Beaulieu emphasized certain extenuating circumstances, including that Brazeau had lived for several months under the cloud of being accused of sexual assault, and that the victim did not suffer any injuries.

He also noted a Supreme Court judgment that outlined how a person's public position can subject them to additional media scrutiny and public shame. THE CANADIAN PRESS

**Sen. Patrick Brazeau**
SEAN KILPATRICK/THE CANADIAN PRESS

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# Trials start in preschool for black people in U.S.

RACE RELATIONS

## Kids suspended more often than white students

Until she attended a five-year-old's birthday party, Tunette Powell was not inclined to blame her problems on the colour of her skin.

Her four-year-old son JJ had been suspended three times from his Nebraska preschool, twice for throwing chairs and once for spitting. She didn't think it was a good idea to suspend tiny kids but she thought it was normal.

Then, sitting in a living room last March as JJ played with his pals, she got to talking with a group of white moms.

"They were shocked that my kid was being suspended. Even with the reasons," said Powell, 29. "They said, 'Well, my kid hit someone in the face, and that kid had to go to the hospital, and all I got was a phone call.' They kept on telling me all the things their kid was doing. And at some point it was like, 'What else could there be?'"

> **"They kept on telling me all the things their kid was doing. And at some point it was like, 'What else could there be?'"**
> Tunette Powell

The month of the birthday party, the U.S. Department of Education released a set of figures that confirmed Powell's suspicions. Black children made up 18 per cent of the country's public preschool students but 42 per cent of the students suspended — 48 per cent of the students suspended more than once.

This week's viral video of a South Carolina police officer violently throwing a black high-school student to the ground has reignited the U.S. discussion of the "school-to-prison pipeline": the zero-tolerance policies, discretionary "defiance" suspensions and cops-in-schools programs that push kids, especially black kids, into the criminal-justice system.

Last year's government report led some advocates to start using an amended phrase: "preschool-to-prison pipeline." The harsh discipline — and the disproportionate discipline — starts not long after kids are done potty training.

TORSTAR NEWS SERVICE

**DESPERATE MEASURES**

**MORE MIGRANTS DIE IN TRANSIT**

At least 11 people, including many children, died in five separate incidents in the eastern Aegean Sea on Wednesday as thousands continue to travel from Turkey to the Greek islands in frail boats.

The Greek Coast Guard reports that 242 people were rescued near the eastern island of Lesbos after the wooden boat they travelled in capsized, but at least three people died in the sinking.

Rescuers continue to search the rough waters for more survivors, but it's unclear how many people were on the boat when it sank.

ARIS MESSINISARIS MESSINIS/ AFP/GETTY IMAGES

WHO RESEARCH

## Oral sex causing herpes

Two-thirds of the world's population under 50 (more than 3.7 billion people) have oral herpes, according to the World Health Organization's first-ever global estimate for the prevalence of the virus.

The UN health agency adds that about 140 million people have been infected genitally by the oral herpes virus worldwide.

The findings, published Wednesday in the journal PLOS ONE, suggest people are getting genital herpes from oral sex.

"I think what's really interesting about this is it really reflects behavioural changes," said Dr. Vanessa Allen, chief of medical microbiology with Public Health Ontario.

"As sexual practices change — and part of that is because people are trying to have safer and safer sex — there's some hypothesizing that this may lead to more oral sex."

In the Americas, around half of herpes type 1 infections in 2012 occurred between the ages of 15 and 49, perhaps because better hygiene and less crowded living conditions are protecting more people from contracting the virus in childhood.

This also means that more people don't have any immunity to the virus when they become sexually active, said study co-author Dr. Sami Gottlieb, a medical officer with the WHO's department of reproductive health and research. Gottlieb hopes the new WHO study will encourage efforts to develop a vaccine or microbicide that will protect against both herpes type 1 and 2.

But until such a thing is available, the next best weapon is awareness, especially for young people, she said.

TORSTAR NEWS SERVICE

BOMBARDIER

# Rumours spur lift in sagging shares

Hopes for a government bailout prompted a surge in Bombardier shares on Wednesday ahead of what is expected to be gloomy third-quarter results.

The Quebec government declined to confirm published reports suggesting that it will announce Thursday a financial contribution to bolster the embattled transportation giant's strained cash levels.

Several media reports, all citing sources, didn't specify whether the province or Quebec's biggest pension fund manager, the Caisse de depot, would buy Bombardier shares or make some other form of financial contribution.

The Quebec-based company's stock gained strength on the Toronto Stock Exchange as the trading day progressed — closing up 11 per cent in heavy trading — but still worth far less than a year ago.

Government ministers declined to comment on the reports. But Quebec's two main opposition party leaders welcomed an expected government contribution — either through an equity investment or convertible debt. Bombardier employs nearly 18,000 people in the province, contributes to exports and bolsters innovation.

Earlier, analyst Benoit Poirier of Desjardins Capital Markets said he doubts the province will make an equity investment in Bombardier Inc., given the 62 per cent drop in the company's stock price this year.

Poirier says he suspects the province could help Bombardier by investing $1 billion to $2 billion in Bombardier Transportation to avoid a planned IPO to sell a minority stake in the rail division, or by providing favourable financing to customers that buy Bombardier Aerospace CSeries planes.

Quebec, Canada and Britain have previously made large financial contributions to Bombardier to help develop and sell the CSeries, a 110- to 160-seat commercial jet. THE CANADIAN PRESS

**LITIGATION**

Speculation of a possible joint venture to complete development of the CSeries comes as the Toronto Transit Commission board decided at a meeting Wednesday to sue Bombardier over late delivery of streetcars.

Bombardier spokesman Marc Laforge said the company had expected the lawsuit given the comments from TTC officials.

**market minute**

**DOLLAR** 75.80¢ (+0.42¢)

**TSX** 13,863.16 (+163.56)

**OIL** $45.94 US (+$2.74)

**GOLD** $1,176.10 US (+$10.30)

**NATURAL GAS:** $2.298 US (-6.3¢)
**DOW JONES:** 17,779.52 (+198.09)

# Canine costumes a lucrative business

DOGS

## Four-legged social media celebs drive market growth

Wally the Welsh corgi used to get dressed up to go trick-or-treating for Halloween, often as a banana, once as a dinosaur.

But Wally, owned by Marc and Cynthia Dalangin of Wharton, N.J., doesn't go trick-or-treating anymore. Like a lot of busy dogs, he has too many other engagements. And as a budding Instagram celebrity, he needs a wardrobe full of costumes to choose from.

As dogs have filled their social calendars, they've had to fill their closets too. They're not just dressing up once a year on Halloween. These days, dogs and their owners are getting invited to parties, parades, meetups, pumpkin patches, picnics, Christmas tree farms and many other themed outings.

As a result, canine costumes have become more than just something dogs wear once to a party. It's essential for dogs and cats who are up-and-coming social media celebrities to have a varied wardrobe. With "likes" and followers growing faster than speeding bullets, their fans want new photos all the time.

Two years ago, Wally left the banana costume behind when he underwent a lifestyle and wardrobe makeover. Now he dresses like Elvis Presley and Michael Jackson, and has become a rising star on Instagram, with 63,000 followers.

Wally's transformation coincides with the pet costume industry's coming of age. And business is booming.

The National Retail Federation estimates that 20 million pet owners will dress their pets this Halloween, spending $350 million on the costumes.

The online marketplace eBay had 1.5 million pet costumes for sale on Oct. 21 out of 800 million items listed for sale, said Zoher Kapu, vice-president of global optimization and data for eBay.

Pet costumes represent two per cent of Costume SuperCenter's sales. The company sells nothing but costumes and accessories on eBay and other sites.

"There does not seem to be a ceiling on what people are willing to spend on their pets," said Michael Esposito, the company's marketing director. THE ASSOCIATED PRESS

ALL PHOTOS THE ASSOCIATED PRESS

FACEBOOK

# Zuckerberg defends free Internet access

Facebook CEO Mark Zuckerberg defended his company's efforts to expand Internet access in the developing world during his second visit to India this year.

The company's free platform offering a basic level of Internet access via Android devices has been introduced to 24 countries and has amassed about 15 million users, mostly in Africa and Asia, Zuckerberg said at a meeting Wednesday with students.

He said it could help alleviate poverty in India by providing information to the poor and contributing to development of the economy.

The platform known as Free Basics was developed in conjunction with other technology companies and has brought a mixed response from governments and analysts. Many criticize it for lacking transparency in how information is selected for the site and favouring Facebook's own services over those of competitors.

Zuckerberg rejected the criticism as a luxury of those who can afford access. He said limiting content on the Free Basics platform was necessary, because "you cannot provide the whole Internet for free." THE ASSOCIATED PRESS

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Cost of borrowing is $0, total obligation is $40,000. Offer is unconditionally interest-free. Freight and air tax ($100, if applicable) included. Licence, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ®Registered trademark of The Bank of Nova Scotia. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. † $3,500 is a combined credit consisting of $500 Owner Cash (tax inclusive) and a $3,000 manufacturer to dealer cash credit (tax exclusive) for a 2015 Trax (except LS manual) which is available for cash purchases only and cannot be combined with special lease and finance rates. By selecting lease or finance offers, consumers are foregoing this $3,000 credit which will result in higher effective interest rates. Discounts vary by model. ‡ $2,000 is a combined credit consisting of $500 Owner Cash (tax inclusive) and $1,500 manufacturer to dealer finance cash (tax exclusive) for a 2015 Trax which is available for finance offers only and cannot be combined with special lease rates and cash purchase. †† Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2015 model year Chevrolet car, SUV, crossover and pickups models delivered in Canada between October 1st and November 2nd, 2015. 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metro VIEWS
Your essential daily news
Thursday, October 29, 2015

## EMMA TEITEL: ON RESEARCH FATIGUE

# It seems every day the news produces a study indicating our life choices will result in illness or untimely death — followed directly by a contradictory report.

"Find what you love and let it kill you" is a quote attributed to Charles Bukowski (though no one knows whether he actually said it) and a mantra recited by starving artists who pursue their passion in the face of poverty. This week though, it could be the mantra of bacon lovers.

Bacon is one of the most adored foods on the planet, but its gradual effects, according to new findings by the World Health Organization, are potentially cancer-inducing. According to WHO, which analyzed evidence linking the consumption of processed meats like bacon, hotdogs, and sausages to cancer, a "50 gram portion of processed meat eaten daily increases the risk of colorectal cancer by 18 per cent."

You might think, well big deal, bacon never had a great reputation to begin with (its image is synonymous with obesity, heart attack, and Homer Simpson) but consider this: 50 grams of processed meat isn't even close to a Homer Simpson-sized portion. In fact, 50 grams of bacon amounts to roughly only two slices — and who can honestly eat less than two slices of bacon?

Nobody. This is why the WHO findings have gone astronomically viral, inspiring doom-laden headlines at an alarming rate, some of which include: "Bacon kills?" and "Put down the hotdogs and salami." Coupled with this bacon scare is additional bad news for processed meat lovers: Clear Food, a lab that analyzes food "at a molecular level," recently released a study indicating two per cent of the hotdogs they tested contained human DNA. (Great news: Your love of processed meat may not only kill you; it may also turn you into a cannibal).

**So what is the truth? If you don't eat bacon every day, you are probably OK.**

**BAD BREAKFAST? Though people may be initially put off by the idea of a plateful of carcinogens, they reportedly tend to return to their regular habits a short time after learning about damning research.** EJWHITE/ISTOCK

In other uplifting public health news this month, a meat sauce sold in Ontario and Quebec grocery stores was recalled because it may contain dangerous bacteria.

It seems every day the news cycle produces a study indicating that our life choices will result in illness or untimely death — followed directly by a contradictory report or article explaining why the original study is inaccurate, overblown or misguided.

Take the recent influx of news stories about senior citizens who — contrary to the WHO finding — have lived long, happy lives chock full of bacon. According to USA Today, 116-year-old Susannah Mushatt Jones "keeps a steady diet of bacon, eggs and grits for breakfast," and hangs a sign in her kitchen that reads "Bacon makes everything better." Processed meat won't give you cancer; it will make you immortal!

I don't know about you, but I find this public health news cycle extremely confusing and exhausting. It's a feeling I've dubbed "research fatigue," and I'm probably not the only person suffering.

"They've actually done studies to show that people start to tune out when they hear these alarmist headlines about 'everything causes cancer,'" says Tim Caulfield, University of Alberta professor and Canada Research Chair in Health Law and Policy. "If the message is too confusing and too conflicting, people stop listening. These conflicting stories make it hard for people to hear the truth through the noise."

So what is the truth? If you don't eat bacon every day, you are probably OK. Caulfield says it's important for people to understand the difference between "relative risk" and "absolute risk."

"Your absolute risk of ... colon cancer throughout your lifetime is four per cent to five per cent," he says. This means excessive bacon eating, according to the WHO finding, can increase your risk of cancer by "18 per cent out of four to five per cent." In those terms, "the absolute increase in risk isn't really that much," says Caulfield.

The sad thing is that even when people aren't affected by research fatigue — i.e. when they do try to change their eating habits, they rarely succeed. "There may be a momentary shift," says Caulfield, in which people eat healthier, but "after a little bit of time they regress back to their old behaviour."

For now, the bacon train seems to be chugging along just fine. Andrew Motta, owner of Toronto restaurant Bacon Nation, home of the "peanut butter bacon milkshake," says he has received no complaints from customers worried about the WHO finding. In his words: "You hear bacon is bad today and next week, it's going to be 'nine healthy reasons you should eat bacon.' You've just gotta take it with a grain of salt." Or if you're so inclined, a bucketload.

**Emma Teitel** is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

## ROSEMARY WESTWOOD

metroview

# There's no shame in crying over abuse allegations at Val d'Or

You would have to be there, in Val d'Or, Que., to claim, as many have, that the town is in crisis.

But clearly it is the next flashpoint for fury over the treatment of indigenous Canadians.

The tensions mounting in Val d'Or, population 32,000, are about much more than one set of allegations of police sexually and physically abusing indigenous women.

So, too, are the tears of the provincial public safety minister, shed in response to those allegations, much more than a single show of emotion. In fact, her tears are pivotal.

Lise Theriault was asked how the claims made her feel. She hesitated. Tears welled. Her voice wavered when she answered: "As shocked as the rest of the population."

Watching her, my mind flew to a few weeks ago, when I'd walked through a memorial for missing and murdered indigenous women in Ottawa. It's set up as a semicircle, lined with rows of multicoloured moccasin uppers waiting to be sewn in, a metaphor for the unfinished lives.

The travelling exhibit (booked, incredibly, through 2019) is a kind of ceremony, and not even a tear is inconsequential. Used tissues are collected and included in a ceremonial fire. I watched my cousin — a young mother — cry and cry, overcome.

Tears help participants viscerally, physically "share ... the grieving process all the families and friends have gone through," so it feels like something real instead of a news item, says Kara Louttit, who was raised in Val d'Or and volunteers with the memorial, Walking with Our Sisters. That's what makes Theriault's moment of emotion so powerful. She didn't simply call the allegations upsetting. She actually got upset.

Of course, not all see it that way. Parti Quebecois members have called for her resignation, citing in part her "erratic" behaviour. Police officers felt betrayed. I can see why they are demanding to be presumed innocent.

But I can also see why many others presume the complainants are telling the truth.

Chastising the minister for her tears ignores the wider injustice she is responding to, the pervasive oppression of indigenous people.

Politicians cry over many things — their grandmothers, their colleagues, their own jobs. Theriault cried for an often disempowered and alienated few.

There will be an investigation — by Montreal police, with independent oversight — and officers will have the fullness of our justice system to counter the allegations.

They've always had that, plus the power offered to them as officers in the first place. Now indigenous women are wielding a new, belated power: Recognition.

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metro LIFE

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Has Alber Elbaz quit Lanvin for fashion's revolving Dior?

# Inside Garance Doré's style

MEMOIR

## What blogging taught fashion insider about love, style, life

Henrietta Walmark
Metro | Canada

Style influencer and fashion blogger Garance Doré has added author to her list of accomplishments with the publication of her book, Love Style Life (Spiegel & Grau, $39).

The French illustrator and photographer is the only blogger to win the Council of Fashion Designers of America Eugenia Sheppard Media Award (an award she shared with her former boyfriend Scott Schuman a.k.a. The Sartorialist). She produced a Pardon My French video series and her own line of stationery, as well as collaborating with luxury shirt brand Equipment on a capsule collection featuring her signature illustrations.

So why write a book, Metro asked Doré in a phone interview from New York City where her studio is based.

"It took me a long time to come up with the right idea of what I wanted to do because the blog is such a great way to express yourself. It's not like I was in need of more self expression," says Doré, laughing. "But the idea of a book is that it's a wonderful self-contained object."

The book is gorgeous. Compact and bound in a soft embossed cover the colour of ballet slippers, Love Style Life feels as intimate as a personal notebook. Like Doré's eponymous blog, the memoir is packed with her street photography, distinctive script and illustrations and candid storytelling.

Describing her blog as an ongoing story where it's often hard to see the big picture, she says: "With a book you can be much more clear about your message and what you want to say. That's why I wanted to do a book."

Doré built her message into the structure of Love Style Life. She wanted to talk about style not only because her quest for style brought her to where she is today, but also because of what she learned during a decade of blogging.

"What I love about the people that inspire me to take their photo I realized, is it's not so much about the clothing that they wear. It's that the clothes are an expression of who they are," she says. "That is real style."

The book is divided into five sections: Doré describes Style as the exterior, Métier as career, Beauty as our intimate relationship with ourselves, Elegance as how to be in the world, and, finally, there is Love.

"If you look at the structure," she says, "it's from the outside to the inside. That's a journey that I've been through and style is the sum of all that."

Doré hopes readers will get to see her in a different light through the book. "To be very honest," she says, "there are some subjects I don't really touch on the blog because of the nature of the Internet, and I go into that world." She reveals the arc of her high-profile relationship with fellow blogger Schuman, and much more about her personal life, from teenage loves to a serious romance with a woman.

"I'm trying to share and to be inspiring because when I was young I couldn't find people that inspired me to be myself," says Dore, "(people) that didn't do the things they were supposed to do, but it was still OK."

**Garance Doré's Love Style Life (top left) includes her illustrations and photos from her life (top right).** CONTRIBUTED

ERIK MELVIN/GARANCE DORÉ STUDIO

**BOOK TOUR**
- Montreal: Nov. 9
- Toronto: Nov. 10

More details at lovestylelife.com.

### PARISIAN OR NEW YORKER?

We asked Doré what about her is typically French. "I'm very frank," she says. "I say things ... In America, people are actually more scared of their feelings and emotions."

Then we asked what is most American about her.

"My boyfriend," Doré says, laughing. "Oh my god, there are so many things. First, I say 'oh my god' all the time. My most American thing I do is drink my coffee from a (take-out) cup. That's very American."

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# 4 CELEB POP-CULTURE BOOKS

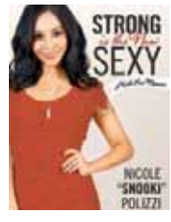
While high-brow books like Garth Risk Hallberg's City Of Fire are worth carving out time for, sometimes you just want to curl up with a light read. Here are four books about pop icons out this month. EMILY LAURENCE/METRO

## Wildflower by Drew Barrymore

"For some reason I had to write this book. I have become more private every year, and yet these stories were beating on the door of my heart screaming, 'let me out,'" Drew Barrymore says in her new memoir Wildflower. In it, she gives an honest look at her childhood and complicated relationship with her father, and also highlights some of her worst talk show blunders. One thing's for sure, she didn't hold back while writing this one.

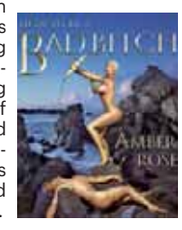
## Strong Is The New Sexy by Nicole Polizzi

Nicole "Snooki" Polizzi went from the crazy drunk party girl we all loved on Jersey Shore to a healthy, happy, married mother. If you're a wild child looking to settle down, you'll enjoy Polizzi's tips on everything from working out to locking it down with your S.O. Taking life advice from Snooki? How times have changed.



## How To Be A Bad Bitch by Amber Rose

Amber Rose's definition of "bad bitch" is "a self-respecting, strong female who has everything together." The model and actress offers tips on how to do it all in this book, while telling her life story, starting from growing up in a rough side of Philly. Also included are tons of never-before-seen photos from her life in and out of the spotlight.



## Kim by Sean Smith

Cosmopolitan recently dubbed the Kardashian-Jenner clan "America's First Family" and at its center is Kim, not just a person but a multi-million dollar franchise queen. Celebrity biographer Sean Smith takes readers through Kim's life and includes some little-known facts. It takes fans truly behind-the-scenes, even more so than the celebrity's infamous E! reality show.

# Witch hunt revisited

SALEM

## Pulitzer winner dives into historical documents

Sue Carter
For Metro Canada

One night, if the 1692 court confession is to be believed, Ann Foster and Martha Carrier flew through the Massachusetts sky on a pole. Earlier the same year, two young girls, who claimed they were bitten and pinched by "invisible agents," were witnessed convulsing and speaking gibberish. After relentless interrogation, their family's slave admitted to practicing witchcraft on the children, at the request of a satanic man who appeared under the guise of several animals.

As we prepare for this weekend's invasion of adorable ghosts and goblins, it's hard to imagine that a little more than 300 years ago the fear of witches would lead to these incredible stories and to widespread terror in the Puritan New England colony. Within just a few months, 14 women, five men and two dogs — thought to be their diabolical accomplices — would be executed in what has become one of the most famous but misunderstood trials in American history.

The unfortunate mélange of circumstances that led up to the trials is the subject of celebrated Pulitzer Prize–winning historical biographer Stacy Schiff's fascinating new book, The Witches: Salem, 1692, published by Little Brown. Schiff — whose last book, Cleopatra: A Life, analyzed the life of the last queen of Egypt — researched court documents, archives and personal correspondences in hopes of contextualizing the circumstances that led to the roller-coasting hysteria and accusations of the Salem witch trials.

These days, the only witches residing in the Massachusetts town are related to tourist attractions, but Schiff says that growing up in the state made its history hard to escape. She remembers reading Arthur Miller's play, The Crucible, and the work of Salem native Nathaniel Hawthorn, but was really drawn to the story as a captivating historical moment.

**"This is the locked-room drama that I wasn't certain we had ever entirely unpacked.**
Author Stacy Schiff

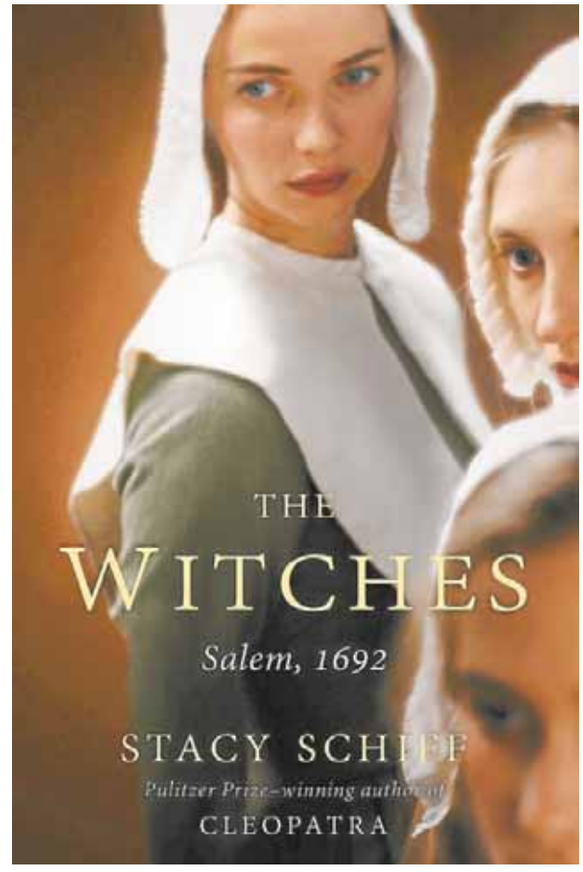
"This is the locked-room drama that I wasn't certain we had ever entirely unpacked, and at the same time it was a moment where women played a prominent role," she says. "I had just come off of Cleopatra and thinking still about women's voices, and when women are able to articulate what they think."

Schiff believes the strain of the rigid Puritan religion, combined with widespread poverty and political uncertainty, and residual trauma from the Indian War, led to the villagers — mostly women — turning on each other. The trials also followed one of the most brutal winters on record, which Schiff speculates contributed to the atmosphere. "I do think that being indoors for those long periods of time — especially for women — plays a role certainly in what you begin to see and how you begin to feel," Schiff says.

In many ways, the trials serve as a warning for our hyper-vigilant online culture. Schiff observed connections between the accusations and contemporary social media, where a single tweet or anonymous comment can go viral and destroy a person's reputation.

"If there's one thing that I hope the reader comes away with, it's a sense of how important open-mindedness and humility about ideas and mercy are," she says.

Sue Carter is the editor at Quill & Quire magazine.




FINDING WINNIE

# Bear behind the famous tale

Before there was Pooh, Tigger or Eeyore, there was a real bear cub and a helpful veterinarian pal, who were both from Canada.

The new children's book Finding Winnie, which is being eyed for a film adaptation, tells the real Canadian story that inspired A. A. Milne's classic Winnie-the-Pooh tales.

The author is Toronto-based Lindsay Mattick, whose great-grandfather was that very vet, Harry Colebourn of Winnipeg.

"I want people who love Winnie-the-Pooh to understand that the real story behind her is just as beautiful and just as amazing," said Mattick, who has already sold the big-screen rights to the newly published book.

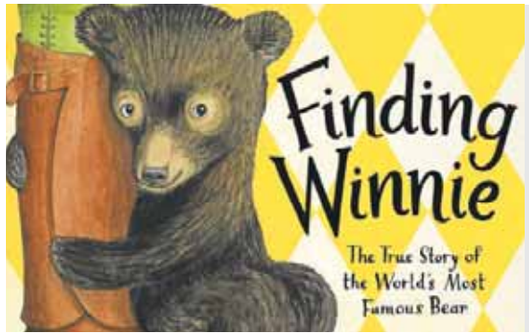
"I'm still blown away that, while a lot of people in Canada certainly know the story and know the history now, around the world it's really still not known.

"People don't even realize that there was a real bear."

Finding Winnie: The True Story of the World's Most Famous Bear is told through a bedtime story session between a mother and her young son, Cole.

As the mother tells Cole in the book, Colebourn was sent away from Winnipeg in 1914 to tend to soldiers' horses overseas.

During a stop on a train platform in White River, Ont., he met a man sitting with a gentle black bear cub and gave him $20 for it, thinking he could take good care of it along his journeys.




**Lindsay Mattick wanted to bring the tale of Winnie to a larger audience with her book.** HANDOUT

Colebourn and the soldiers bonded with and trained the cub, which he called Winnipeg (Winnie). She even became the mascot of the 2nd Canadian Infantry Brigade.

But Colebourn realized he eventually had to give her up, so he brought her to the London Zoo, where he later checked in on her to ensure she was well cared for.

That's where a young boy named Christopher Robin Milne grew to love her — a bond that eventually inspired his dad, Alan Alexander Milne, to write Winnie-the-Pooh.

Sophie Blackall illustrates the book, which includes archival photos.

"There are two main emotional takeaways from the book: one is the dedication, which is this idea that you never know the impact that one small loving gesture can have," said Mattick.

"It's like when my great-grandfather 100 years ago just bought a bear because he loved animals. He couldn't have been thinking that much more than, 'Hey, this will bring a lot of joy to me, to my fellow soldiers.'

"But he had no idea that in this very simple act, all these incredible consequences would come from it." THE CANADIAN PRESS

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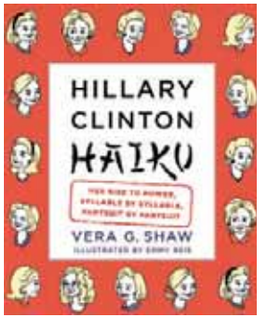
## BOOK EXCERPT HILLARY CLINTON HAIKU BY VERA G. SHAW




Love her or hate her, Hillary Clinton sparks a lot of debate. And apparently, the presidential hopeful also inspires poetry. Writer Vera G. Shaw — who ironically lives in Clinton Hill, Brooklyn — is releasing a new book, Hillary Clinton Haiku, and we're giving you a look here. From lines about her pantsuits to just living her best life, these short poems are sure to make you chuckle, or smirk, depending on your political views. Take a look at these six Hillary haikus:

FROM THE BOOK HILLARY CLINTON HAIKU: HER RISE TO POWER, SYLLABLE BY SYLLABLE, PANTSUIT BY PANTSUIT. COPYRIGHT (C) 2015 BY VERA G. SHAW. REPRINTED BY PERMISSION OF TWELVE/HACHETTE BOOK GROUP, NEW YORK, NY. ALL RIGHTS RESERVED.

# 'Pantsuited and brave'

**A Modest Proposal**
The Lake District at
twilight finds Bill asking Hill
to be his wife. "Nah."

**Glass Ceiling Grievance**
O, Oval Office!
My term yet? Let my hubby
retire to his sax

**A Glimpse of New York's New Senator**
What solid cankle
peeks beneath yonder pant? It
is hers. Hillary's.

**Candidate Hillary**
Campaigns are long; wins,
fleeting. Pantsuited and
brave, Hill, she ain't leaving!

**"I'm in. And I'm in to Win."**
Finally my turn!
I'll toss in 14 million.
No biggie. I'm in!

**She Announces... Finally**
I'm running for prez!
Should I have kept those thirty
thousand ditched e-mails?

## BOOK BRIEF

**Guy Vanderhaeghe wins 3rd GG's Literary Award**

Saskatoon author Guy Vanderhaeghe has won his third Governor General's Literary Award.

Vanderhaeghe won the latest honour, worth $25,000, for his book Daddy Lenin and Other Stories (McClelland & Stewart/Penguin Random House Canada).

It's a collection of nine stories, with characters including an actor who likes to hide behind his roles, and a middle-aged man who reunites with a former professor.

"Guy Vanderhaeghe's Daddy Lenin and Other Stories is the work of an assured writer who needs no pyrotechnics to keep us reading," said the judging committee in a statement. "Each story is superbly crafted, razor-sharp, wickedly funny."

Vanderhaeghe previously won the fiction award in 1982, for his short story collection Man Descending, and in 1996 for his novel The Englishman's Boy.

THE CANADIAN PRESS

# Star talks love and murder in '80s LA

**Erika Christensen ,of Swimfan fame, plays a lonely woman who falls in love with a serial killer played by Gossip Girl's Ed Westwick in Wicked City.** ERIC MCCANDLESS/ABC

WICKED CITY

## Christensen falls hard for a serial killer in new TV series

**Ned Ehrbar**
Metro | Hollywood

The new TV drama Wicked City is aptly named: set in the anything-goes club scene in LA in the early '80s, the show follows the exploits of a serial killer (played by Ed Westwick of Gossip Girl) and the cop (played by Jeremy Sisto of Suburgatory) trying to track him down.

But Westwick's Kent isn't just some sick loner — he gets involved with a lonely single mother, played by Erika Christensen (most recently of Parenthood).

As to what could suck someone in to such a monster, well, Christensen says it's complicated. "She's on such a ride from the moment she meets Kent. She's just in, hook, line and sinker, but she doesn't know where she's going. I think that she's going to learn a lot about herself," she explains.

It seems hard to believe she could be so oblivious to the actions of her paramour, and Christensen says she may eventually work out what Kent's up to.

"I think she has to at some point, and I don't know how much she learns, how fast, and how on board she's going to be with it. But we have to start from the place of knowing that she is madly in love with this person," she explains.

And Kent is pretty good at getting people to like him. "He's everything she's ever wanted in a man. He makes her feel comfortable in her own skin. He makes her feel sexy and wanted and he offers an excitement that she doesn't have in her life. She's an abused person. She's not been treated well. And so for someone to be a kind of Prince Charming for her, she's going to follow him wherever he goes."

It's certainly a pretty drastic shift in tone from the world of Parenthood, and Christensen jokes that she's a little concerned about her fans.

"Listen, I've been trying to warn them that this is not the same thing, but it should be a whole different kind of fun."

And it's been fun for her to explore a new kind of character.

"I am loving seeing the twists and turns she takes. She's learning so much about herself so fast in the course of these 11 episodes. And if we find out that she's crazy, then I haven't done that in a while, so that's fun."

Might she be referring to her early turn as the deranged stalker of a cute classmate in the 2002 teen classic Swimfan?

"Yeah, getting back to my roots, there," Christensen says with a smile.

**"She's an abused person.... so for someone to be a kind of Prince Charming for her, she's going to follow him wherever he goes.**

Actress Erika Christensen on her character in Wicked City

## GOSSIP THE LATEST IN CELEBRITY COUPLING OR UNCOUPLING NEWS

### Emma and Andrew for never

I guess Emma Stone and Andrew Garfield really are never, ever, ever getting back together. Hollywood's coolest couple, who have been "on a break" for most of the year, have apparently officially broken up. Like, a couple of months ago. How do we know this? Because Garfield, who is filming in Sydney, was spotted by a fan leaving a bar with a mystery woman on his arm. When the fan shouted, "Where's Emma Stone?" Garfield apparently responded, "We're not together anymore," according to KIIS FM. I'll understand if you need a minute. NED EHRBAR/METRO HOLLYWOOD

### Shelton wants you to know it's all good

Good news, folks. Blake Shelton is totally fine with people making jokes about his divorce from Miranda Lambert. In fact, he's totally ready for them. "This year's going to be awkward at the CMAs, speaking of jokes," he told Seth Meyers. "There's got to be one about me and Miranda. Brad Paisley is not doing his job if he doesn't look down there and go, 'Ha ha!' ... We've had conversations like, 'OK dude, I'll sit there and let you kick me in the face a few times.'" I might actually watch the CMAs. NED EHRBAR/METRO HOLLYWOOD

FASHION

# Marc Jacobs' party pinch

According to the New York Post, fashion designer Marc Jacobs hosted a "wild orgy" over the weekend with invitations sent out to ten or so young men via Grindr, a gay hook-up and dating app.

"A source who claimed to have attended the all-male flesh bacchanal told us Jacobs sent guests a shirtless shot, seemingly posing in a walk-in closet, showing his washboard abs — plus two more pics with no pants from the side and back," the Post wrote. According to this source, "Everyone was in their 20s," and attendees allegedly "were using drugs 'G,' for club drug GHB, and 'Tina,' a form of crystal meth." Jacobs himself responded to reports of his hosting a "wild orgy" on Instagram: "Goodbye (for now) Grindr! It was fun for "group" get togethers but what really excites me is my work!" MATT LEE/METRO NEW YORK

INSTAGRAM

HORROR

# The Conjuring of a lawsuit

The family that lives in the Rhode Island farmhouse depicted in The Conjuring are now suing Warner Bros. because the attention the movie has brought them has made life less than awesome. "The biggest fear is that every day we live with the fact that we don't know what may happen," Norma Sutcliffe tells CBS This Morning. "We've had harassing phone calls in the middle of the night. They've had discussions about destroying the house because it's so full of evil. It's a violation of our privacy, but they think they have the right to do it." Sutcliffe and her husband are seeking monetary damages and a state-of-the-art security system. Fine, but can we talk a sec about how awesome The Conjuring was? NED EHRBAR/METRO HOLLYWOOD

CONTRIBUTED

# Khloe kind of mad at People

DIVORCE FILING

### It's still unclear whether Odom and Kardashian are back together

So there's this new interview with Khloe Kardashian in People magazine where she basically says that even though she and Lamar Odom have called off their divorce, it doesn't mean they're actually back together. Except Kardashian herself takes issue with it since most of the interview happened before Odom's collapse, despite how the story is presented.

"My people cover, I shot and interviewed for prior to all the events that happened," she clarified on Twitter. "I had to do a follow-up five-minute phoner after the events only because I was contracted to. I canceled my book tour to avoid this attention." Huh. It's not like a Kardashian to avoid attention.

So what was it the magazine printed that she take such issue with?

Probably this: "It's out in the media that we are back together, but I wish people understood that's not in our thought process right now. There are too many other important things, too many medical things. It's not even in our brains thinking about us as a couple or having a relationship right now."

Still, Kardashian and Odom have filed a court petition dismissing a divorce filing. "I pulled back on the divorce because there is no rush for it," she told the magazine. "For medical decisions and a ton of other things, it's just smarter that it's put on hold. But that does not mean I'm back with Lamar.... Only time will tell."

According to search warrant records, Odom is believed to have overdosed on cocaine and other drugs before he was found unconscious at the Love Ranch brothel in Crystal, Nevada. He was hospitalized in Las Vegas and transferred to Los Angeles, where his family said on Oct. 22 that he was undergoing therapy and showing improvement.

Kardashian said Odom has a long road to recovery. "Every hour is different," she said. "It goes up and it goes down. Things are progressing, but it's a very serious situation."

A clerk granted an Oct. 21 request to dismiss their divorce filing from December 2013 in such a way that the divorce papers can be filed again at a later date.

**Khloe Kardashian** GETTY IMAGES

"I love Lamar, and I'll always be there for him like I promised," Kardashian said.

Authorities haven't ruled out the possibility of taking action against the brothel or Odom.

Odom's one-month courtship of Kardashian before their 2009 wedding was taped for the E! network, and Odom appeared on nearly two dozen episodes of Keeping up With the Kardashians as well as other family spin-offs, including their Khloe & Lamar show in 2011 and 2012. NED EHRBAR/METRO HOLLYWOOD WITH FILES FROM THE ASSOCIATED PRESS

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metro HOME

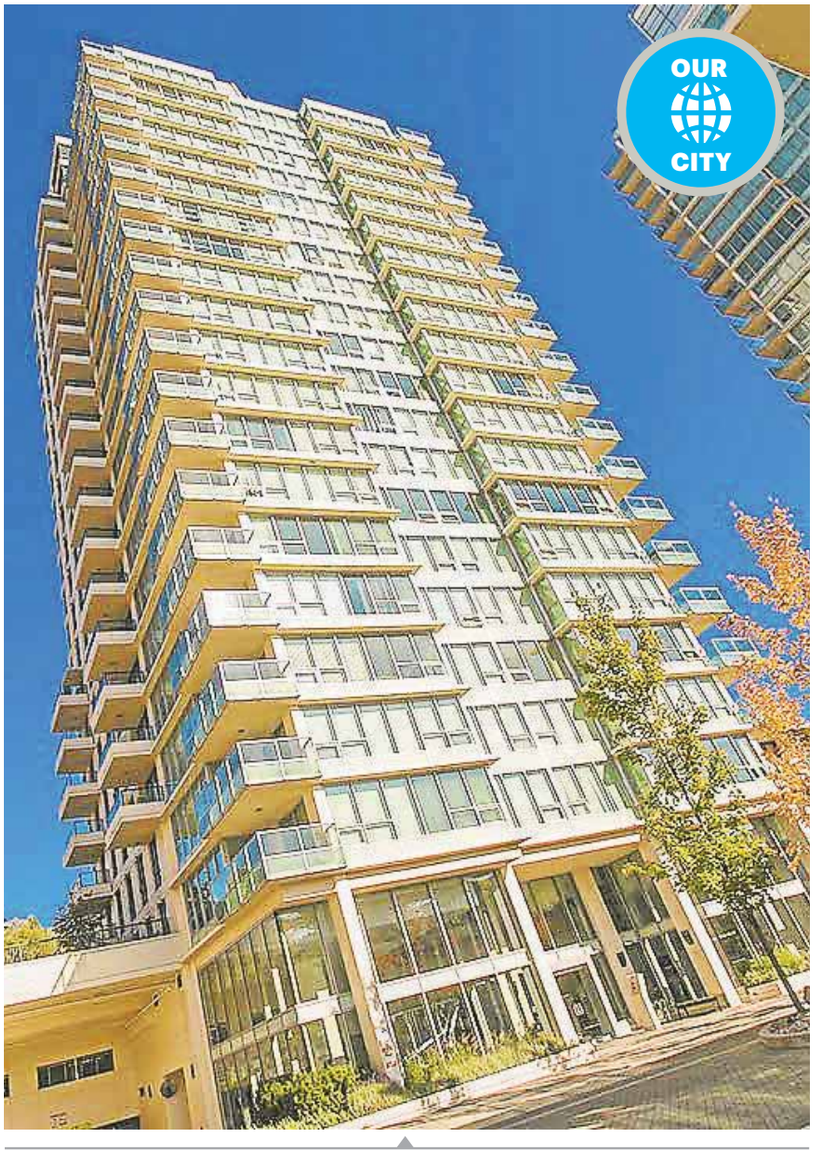
Your essential daily news

Ikea partners with DreamWorks to launch Lattjo play collection

# What they're a$king

Two-bedroom condominium suites offer homeowners a decent amount of living space with the convenience of condo living. These featured resale residences are ready to move in, and vary in price according to location, size and finishes. **Duncan McAllister** FOR METRO

ASKING PRICES WERE ACCURATE AT TIME OF PUBLISHING.




**$475,000**

## Vancouver

This two-bedroom, two-bathroom suite built in 2012 is situated at 2200 Douglas Rd., in Burnaby, in a quality Bosa building in the rapidly developing Brentwood Park area. There's an open kitchen with stainless steel appliances, and a gas stove with convection oven; colour scheme by Vancouver renowned interior designer Cristina Oberti for the kitchen; and spa-like bathroom fixtures. The bedrooms feature thermally-insulated blackout shades, a dining room chandelier and a water purification tap. Listing agent is Keith Roy with RE/Max Select on Main Street, 604-210-2933.

**$232,000**

## Calgary

Here's a two-bedroom condo that's located on the third floor. This very bright and open suite offers a good-sized kitchen with lots of counter space and a nook area. There is a spacious living room that features patio doors that lead to the deck, a four-piece bathroom and en-suite laundry. The master bedroom offers a full en suite and an underground parking stall is included. Tim Lind and Richard Fleming are sales representatives for RE/Max Real Estate Mountainview, 403-333-0837.

**$799,800**

## Toronto

This elegant two-bedroom unit is located in the highly desirable Yonge and Eglinton neighbourhood, soon to be serviced by the new Eglinton Crosstown LRT. This quiet corner suite has 1,427 sq. ft. of living space and a balcony. There's a large dining and living area with crown moldings. The master bedroom has three large closets and a five-piece en suite. The unit includes two parking spots and a locker. Listing agent Ira Jelinek is with Harvey Kalles Real Estate Brokerage, 416-464-1022.

**$399,900**

## Ottawa

Here's a modified two-bedroom, two-bathroom unit located on the quiet and bright east side of this Domicile building. Built in 2013, the condo is on the border of Wellington West and Hintonburg. The suite features modern finishes throughout with additional built-in storage, and includes an underground parking space and storage locker. The building has a well-equipped gym and a guest suite. Kerry Millican is a sales representative with Royal LePage Team Realty, 613-729-9090.

**$869,900**

## Halifax

This 2,167-sq.-ft. condo in Bedford has plenty of upgrades. Listing agent Cheryl Jenkins says this unit has the best view at the Dockside Condominiums with the panoramic harbour, bridges and marina vistas. The condo features a top-floor lifestyle with an open-concept layout and hardwood floors. The kitchen has a walk-in pantry and the master bedroom has a walk-in closet and en suite with a soaker tub and two sinks. Jenkins is with Keller Williams Select Realty, 902-403-6655.

**$319,900**

## Winnipeg

This 1,172-sq.-ft., rarely available, two-bedroom, two-bathroom suite features an open-concept living and dining room with space for a large family table, which leads to a fully enclosed, east-facing balcony. The kitchen includes all appliances, and the master bedroom has a large walk-in closet and four-piece en suite. Condo amenities include a common room with pool table and a large park-like outdoor space. Chad Friesen is a sales representative with Ethos Realty Inc., 204-888-3393.

**$975,000**

## Edmonton

Here's a luxury two-bedroom penthouse in Meridian Plaza. The unit features 1,636 sq. ft. of living space, two bathrooms, two underground parking stalls, and hand-scraped walnut hardwood flooring. The kitchen features a huge island and a one-slab granite countertop. There are two fireplaces, and a hot tub on one of the two balconies. The large master suite features a spa-like en suite including a walk-in closet. Brent MacIntosh is a sales representative with RE/Max River City, 780-920-0384.

# The light stuff

The time is jumping forward this weekend and that means a dark room when you come home from work each night. Lighting is more important than ever, so customize your autumn glow with a few accessories to dress up a boring light.

Karl Lohnes
For Metro Canada

**Sunnemo Large Lamp Shade**
Add glamour over a dining room table or on a floor lamp. $39, IKEA.ca

**Clip Brass Light**
Clip to the top of a mirror or painting, or add a couple along the top of a bookcase for sexy downward lighting. $100, CB2.com

**BAZZ Table Lamp**
The simplest base to hold the fanciest of lampshades. $32, RONA.ca

**Magenta & Orange Stripe DIY Fabric Wire**
Add a jolt of colour when re-wiring a boring or vintage lamp. $1.50 per foot, ColorCord.com

**Globe Electric Vintage Lightbulbs**
A vintage glow comes from the past. $22/set of 3, HomeDepot.ca

**GHOST Table Lamp**
Set the tone of your room with over a dozen different colour options. $64, ZoneMaison.com

# 4 WAYS MEMPHIS STYLE IS MAKING A COMEBACK

First launched in the 1980s by leading Italian designer Ettore Sottsass, the Memphis movement, characterized by vibrant colours and extravagant forms, ended the era of functional sobriety in interior decoration. Kartell paid tribute to the designer through an exhibit at the Milan Furniture Fair in April, and a number of designers are re-appropriating the codes of the movement. **AFP**

## 1 The Hoff

Presented at the London Design Festival in September within the framework of the 100% Norway initiative that showcased designers from Norway, the Hoff couch is colourful and modular. Created by designers Morten Jonas and Kioshi Yamamoto, the sofa can take on various shapes, sizes and colours. (Price on demand)

## 2 Pizza

"Home autour du monde" ("Home around the world") by Bensimon has also jumped onto the Memphis trend bandwagon and designed a four-piece plate service (€60, $87 CDN) and a pizza plate (€19, $28 CDN), each printed with a colourful camembert.

## 3 Couch geometry

Hay has gone digging through the personal archives of artist and designer Nathalie Du Pasquier to design cushions. Nathalie Du Pasquier is a founding member of the Memphis movement in the 1980s and has designed a number of furniture and textile motifs. (€57, $83 CDN)

## 4 Authentic Memphis

For purist Memphis enthusiasts, Memphis-designed pieces are still available today and are often found under the name Memphis Milano, like this miniature reproduction of a Carlton bookcase, designed by Ettore Sottsass. (€927, $1,346 CDN)

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# Affordable, luxury living in South Surrey

Imagine a beautiful new family home that's all yours, in a gorgeous neighbourhood.

The home has style and beautiful finishes, and lots of room for your family to work, play and grow. It's not a dream. It's Hycroft, a collection of rowhomes in Surrey's leafy, desirable Grandview Heights neighbourhood.

Hycroft embodies every notion of the ideal dream house.

Imagine yourself baking cookies or doing crafts in the kitchen with the kids with marble mosaic tile accents, solid quartz slab countertops, and custom Shaker-style cabinetry behind you. High-end stainless steel Jenn-Air appliances are incredibly efficient, useful and durable, helping you cook, tidy and keep the space looking beautiful, with ease.

Retire to your bedroom and find your own private spa in the ensuite, with its Carrera marble, Grohe rain showerheads and luxurious in-floor heating by Nu-Heat.

One of the best features of Hycroft homes is that they're freehold, so buyers don't have to worry about strata conflicts or fees.

"Hycroft is a rare balance of space, flexibility and affordability for your family," says Vanessa Isler, director of sales and marketing at StreetSide Developments, the developer of Hycroft. "And all of that in one of Surrey's most desirable neighbourhoods."

At more than 2,200 square feet, each of the 65 four-bedroom homes give families lots of room to grow and change, adapting rooms for different purposes over time. Finished basements can become the rec room, storage space or workshop you've always wanted.

The homes devote even more space outdoors to your enjoyment and usability, with walkout patios and fenced yards perfect for your next barbecue or gardening project.

From the outside, every home has an Arts and Crafts flair, with architecture by Robert Ciccozzi that features classic details including brick and dramatic roofs, and durable finishes like Hardiplank siding and shingles.

The homes at Hycroft are more than three quarters sold, and on Saturday, October 24, Hycroft released a new showhome to show off its final phase, which is now on available and priced from $649,900.

The Hycroft presentation centre is located at 16467 24 Avenue, Surrey; 604.541.2495; hycroftrowhomes.com.

CONTRIBUTED

## A THRIVING COMMUNITY AWAITS YOU AT HYCROFT

It's the perfect lifestyle choice for families! Situated in a beautiful and well-established South Surrey neighbourhood, these large 4-bedroom rowhomes offer all the advantages of a single-family home, including walkout patios, fenced yards, finished basements and a detached garage. You'll love living close to parks, beaches and nature trails, and you can walk to Morgan Crossing, Southridge Academy, and the new Aquatics Centre. Plus Hycroft is freehold, which means no strata fees. The freedom and value are priceless. Limited homes remaining. Don't miss out.

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# The evolution of millennial living

There's a housing revolution happening in Metro Vancouver and it's starting in Surrey.

Evolve, a new home development in Surrey's vibrant City Centre designed by award-winning Chris Dikeakos Architects Inc. and developed by WestStone Group, is the embodiment of a new kind of lifestyle that millennials and other modern homebuyers are demanding — high-tech, sustainable, accessible, and above all, affordable.

Let's start with the affordability. Earlier this year the benchmark price for a single family home in Vancouver was more than $1 million. In contrast, at Evolve, home ownership is incredibly accessible.

Studios, one, two-bedroom and two plus dens are now available at Evolve, as well as townhome lofts and penthouses, starting at $193,900. It's affordable luxury in the heart of Surrey.

Homes feel expansive and open. Every home has its own outdoor space on the spacious balcony, which gives residents room for entertaining.

Interiors are warm, minimal and welcoming, Evolve's bright, cleverly designed living spaces are elevated by 8.5-foot ceilings and opened up by spectacular floor-to-ceiling windows.

CONTRIBUTED

Finishing touches bring the homes into the 21st century, with chrome hardware and laminate hardwood flooring that make the entry, bedroom, den, dining and living areas polished and modern.

Everyone can be a chef here. Kitchens at Evolve were designed for culinary experimentation. They include soft-close hardware, stainless steel undermount sinks, quartz countertops and backsplash, and quality stainless steel appliances by GE — your blank slate for an all-out dinner party or a simple dinner for one.

Do you prefer clean and crisp colours, or classy and rich colours? Modern homes at Evolve are customizable for buyers from a selection of two designer-selected colour palettes, so you can design your own home the way you want it.

And because practicality is a concern as much as it ever was, the solid, concrete construction provides a sense of security, as well as heat and sound insulation.

Now for a limited time, buyers will receive the first two years of their mortgage payments paid for by WestStone Group, the developer of Evolve.

Visit the Evolve presentation centre at 13328 104 Ave, Surrey, B.C.

# SURGING SURREY

In this city, you can smell change in the air. The sense of excitement in Surrey is palpable, according to Brian Regehr, president and CEO of WestStone Group of Evolve, a new condo development in Surrey's City Centre.

The West Village community in Surrey City Centre is ground zero for change, and Evolve is at the centre of it. The new master-planned collection of homes was designed to connect residents with their neighbourhood. The development is one of six Surrey City Centre condominium towers and more than 2,800 new homes now under development by WestStone Group.

"Walkability was a huge consideration in the development and site-choice for Evolve," says Regehr. "We chose Central Surrey because it has such amazing potential, and is already a rich, walkable area with all the amenities you could ever need."

The City of Surrey has become the fastest-growing region in B.C. thanks to more than $7 billion in public and private funds invested in Surrey City Centre over the last 8 years.

The result of this investment: a vibrant new downtown core that is driving jobs, entertainment and culture in Surrey. "Surrey's City Centre has become a major cultural hub in the Lower Mainland," says Bill Morrison, partner of Platinum Project Marketing.

New developments driven by the city's commitment to the area include the beautiful flagship public library, designed by Bing Thom Architects, the civic plaza, which hosts activities like the Surrey Farmers Market, and the new City Hall and performing arts centre.

World-class higher learning is easy to access from Evolve too. Simon Fraser University's Surrey campus is just steps away at Central City Shopping Mall.

When you're looking for wide open spaces and beautiful walking trails, the neighbourhood abounds with them. The area has been carefully planned to maximize urban green space. Evolve residents can enjoy more than 45 hectares of parkland and green space around Surrey City Centre.

When you're looking to travel beyond Surrey, just walk to Surrey Central SkyTrain Station, just 10 minutes by foot out the front door. The SkyTrain is your fast track to destinations across Vancouver. The shops, services and entertainment of downtown Vancouver are just a 30-minute ride away.

CONTRIBUTED

Not that you'll need to leave the neighbourhood to access everything you could possibly need. Located in Surrey's West Village neighbourhood on 104 Ave near University Drive, Evolve will host more than 100,000 square feet of office and retail space including a green grocer, cafes, and a wide variety of shops and services.

## *PARKING AND STORAGE WITH EVERY HOME*

What are you going to need in your life now? Evolve, a new collection of modern homes in Surrey's City Centre, is tailored with amenities to suit your lifestyle.

Exercise is important. Now you can get it super close to home at Evolve's private, fully equipped gym and fitness room.

Looking for entertainment? Bring your popcorn to the theatre and multimedia room, or cook for friends in the social room's fully-equipped kitchen.

The building is even topped by a spectacular Sky floor amenity — perfect for impressing your guests and taking in Evolve's spectacular view.

To the relief of anyone who is looking for a little more space for storage, and parking, Evolve is the only Surrey development offering both storage and parking with every home.

Lifestyle is an important part of a modern home, and it's built in at Evolve.

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PLATINUM PROJECT MARKETING

Evolve is slated for completion in 2018. The "live free mortgage incentive" covers mortgage payments for two full years following tower construction completion. See a Sales Representative for details. Illustration reflects the artist's interpretation of the project and does not take into account the neighbouring buildings, physical structures, streets and landscape and, when built, may be noticeably different than what is depicted. Promotions and unit starting prices and availability are subject to change without prior notification. E & O.E.

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# How's the air quality in your home?

Did you know that Canadians spend nearly 90 per cent of their time indoors? This is especially true in colder months. Consequently, concern about indoor air quality is increasing — and rightly so.

Air pollution and contaminants can be found in abundance throughout our homes in products and materials that we are in contact with every day. Poor air quality can be caused by household chemicals, by biological pollutants such as mould, mildew, and dust mites, and by off-gassing from building materials and HVAC systems. Advancements in home construction have also created dwellings that are more airtight than ever before which seal in harmful pollutants. The potential health implications can be serious.

Health Canada indicates that incidences of asthma have increased fourfold in the past 15 years. Furthermore, 52 per cent of those households linked poor indoor air quality as a direct cause. Yet, even as the issue's prevalence grows, homeowners can take some preventative measures and precautions to safeguard their health and improve indoor air quality, as follows:

**Store varnishes, paint, and solvents outside of the home**
Opt for a storage area with good ventilation to deter the effects of off-gassing. Paints, varnishes and solvents can emit volatile organic compounds (VOCs) that are potentially harmful to human health and the environment.

**Prevent and remove all household mould**
Ensure there is adequate ventilation in rooms prone to water vapour, namely the washroom. Likewise, fix leaks in pipes, walls or floors or on the roof. Invest in a dehumidifier to control humidity levels in your home. Mould and mildew are known contributors to allergies and asthma.

**Invest in an air purifier**
Our homes routinely harbour pet dander, dust, dust mites and other allergens, as well as harmful VOCs. An effective solution to improve indoor air is to use a high-quality air purifier with an electrostatic precipitator, like the Oreck ProShield. This type of air purifier, featuring an advancement called Truman Cell technology, will also capture and destroy allergens and dust, as well as larger particles like hair and lint. Look for a unit with an 'oxygenator' stage that converts ozone to oxygen for cleaner air.

**Introduce house plants into your home**
Some plants can be very effective at improving air quality and even removing harmful VOCs like benzene, formaldehyde, trichloroethylene, xylene and toluene. Good plant choices include aloe vera, dracaena 'Janet Craig', areca palm, and dragon tree.

*-News Canada*

THE

# LEVESON

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## THE HEIGHT OF LUXURY IN THE HEART OF THE CITY

Arriving fall 2015, the Leveson is like nothing you've seen before: an exquisite collection of one-, two- and three-bedroom homes in the heart of Vancouver's vibrant west side. With flawless detailing, spacious interiors and expansive outdoor patios, these residences set a new standard for distinguished West Coast design.

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# LIVE THE NORTH SHORE LIFESTYLE

A neighbourhood makes the home, and Lower Lonsdale is one of Vancouver's most community-oriented, vibrant neighbourhoods.

West Quay is Polygon's newest collection of apartment residences now selling in Lower Lonsdale. It's a community that has been appealing to first-time buyers and downsizers alike and it's easy to see why.

Situated in a prime location in the heart of Lower Lonsdale, directly across from Waterfront Park, it's a tough location to beat.

"There's something for everyone in Lower Lonsdale," says Grace Lim, sales manager at West Quay. "The neighbourhood has a real community-oriented feel. It's close-knit, yet it's growing. There are lots of activities happening year-round, so it's easy to find something to do no matter what your hobbies and interests are."

Lower Lonsdale is always buzzing with activity, particularly centred around Lonsdale Quay, the market on the harbour.

The two-level market provides a fun weekend destination where West Quay residents and their guests can browse interesting shops, taste a plethora of fresh foods produced by local artisans, and take in the amazing views of downtown Vancouver from across Burrard Inlet over a cup of coffee.

Its unique vendors and events make Lonsdale Quay a treat to visit, especially around the holidays. This Halloween, kids are invited on Saturday, October 31 between noon and 4:00 p.m. to the market for story-time, pumpkin decorating, face painting and trick-or-treating.

Then, starting Nov. 2, stop by Olde World Confections to watch a demonstration of their special candy cane making process, and taste test some free samples — and many more seasonal specialties in the market throughout the season.

The Shipyards at the base of Lonsdale Avenue is becoming a new community hub with many new amenities already open and even more planned for the near future.

# West Quay boasts thoughtful design

The striking geography and nature-loving lifestyle of the North Shore is the perfect architectural inspiration.

Designed by Ray Letkeman Architects Inc, West Quay's combination of warm wood accents mixed with bold, modern elements makes it a great example of West Coast contemporary architecture.

Inside, homes boast equally thoughtful design elements and quality details.

Rich, durable laminate creates a quality, maintenance-free floor throughout main living areas. Residents can even choose from two designer-selected colour schemes to customize their homes. Gourmet kitchens feature engineered stone counters, custom cabinetry and a sleek stainless steel appliance package.

Most of the spa-inspired ensuites include a custom medicine cabinet hidden behind a towel bar, along with a convenient deluxe linen closet that houses a built-in ironing board and laundry hamper.

Oversized balconies and patios give residents a place to appreciate the green surroundings. From top floor homes, the views of downtown Vancouver, Burrard Inlet, English Bay and the North Shore mountains are spectacular.

Two-bedroom homes at West Quay are priced from $469,900 and homes in the final building are now selling.

Find out more at polyhomes.com or visit the West Quay sales centre to see the quality details in person. Open from 12:00 to 5:00 p.m. daily, except Friday, located at 21 Lonsdale Ave., North Vancouver.

**Artists rendering.** CONTRIBUTED

### Location offers residents balanced lifestyle

Nowhere in the Lower Mainland are there so many outdoor recreation possibilities to enjoy. Homes at West Quay are perfectly positioned between nature and city life so that residents will have easy access to the best of both worlds.

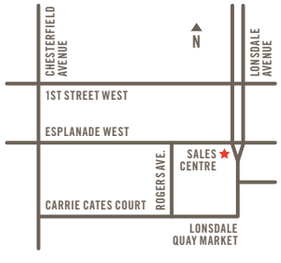
Enjoy the great outdoors with a run on the sea wall, skiing or snowboarding on one of the North Shore mountains, or kayaking at Deep Cove — the possibilities are endless.

If you're planning to spend the day inside, walk to the movie theatre, explore Lonsdale Quay, or enjoy a meal at one of the many local restaurants. Plus, all the amenities of downtown Vancouver are just a quick SeaBus ride away.

# WEST QUAY

Discover West Quay by Polygon – contemporary one, two, and three bedroom apartment residences. In Lower Lonsdale, nature meets culture meets easy access to everything.

**You belong here.**

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**Open Noon to 5pm Daily (except Friday)**
**604.988.8856 westquay@polyhomes.com**

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# The transformation in North Burnaby

There's a shift happening in the city: young people are moving outward from the Vancouver downtown core and bringing fresh perspective to the Lower Mainland's other urban hubs. Their first stop: North Burnaby.

The centre of the city is shifting and North Burnaby is becoming a major hub in the Lower Mainland, says Dan Wilson, Executive Vice President of Shape Living Corp. The Amazing Brentwood, a brand new $1.3 billion, 28-acre master-planned community that is now under development at Willingdon and Lougheed in Burnaby, is on the vanguard of the city's transformation.

"It's a change that's been in the works for many years, and now it's coming to fruition," says Wilson. "Homes at The Amazing Brentwood are a new breed of modern housing in the area."

Since sales started on the community's first buildings: Brentwood ONE and Brentwood TWO, more than 850 homes have sold in less than a year, so the team at The Amazing Brentwood is ready for another success.

"When we call this project 'AMAZING,' we mean it," says Wilson. "Buyers have really experienced the value in The Amazing Brentwood. Not just the master-planned community itself, which is going to revolutionize this area, but also for the whole Burnaby neighbourhood, which is one of the most desirable, family-oriented places to live in the Lower Mainland."

The Amazing Brentwood, a 28-acre master-plan and super regional urban centre, offers 250+ shops and restaurants and a one-acre central event plaza for year round celebrations and live events just an elevator ride away.

You won't need a car if you're living at The Amazing Brentwood. With Brentwood SkyTrain Station on site you can catch a SkyTrain right into downtown Vancouver, Lougheed or Surrey. You can also catch a bus from the Brentwood bus loop to head downtown, to BCIT and many other destinations.

Amenities at The Amazing Brentwood are hard to beat, including exclusive access to nearly 18,000 square feet of private outdoor space, including a wind-protected outdoor lounge with outdoor fireplaces and barbecue, a children's play area, gardens and courtyards, as well as a shared, 8,400-square-foot indoor space that includes social lounges, kitchen, music room, state-of-the-art fitness centre and two guest suites. After the night cools, take your private party from the outdoor lounge into the entertaining kitchen, hang out in the social lounge, or jam in the music room. When residents are looking for a workout, they'll find it at the state-of-the-art fitness centre with cardio equipment, weights, yoga studio and meditation space. The homes at The Amazing Brentwood THREE start at $319,900.

"The value at The Amazing Brentwood is undeniable," says Wilson. "This is the best home investment in Canada."

# Burnaby's community hub

Buying a new home should be love at first sight, and that starts with a great preview. "We're really excited to open up our newest opportunity at The Amazing Brentwood THREE," says Wilson. "It's great to be able to unveil this tower and three new show homes in our 15,000 square feet presentation centre." Brentwood THREE is now previewing at the 15,000-square-foot presentation centre. Visit us to see the homes first-hand and enjoy free cupcakes and coffee.

### The great outdoors at your doorstep

Imagine waking up in the morning and looking out your window from one of the highest points in the city.

In North Burnaby, a new community is coming that will give you access to that quintessential Vancouver lifestyle: The Amazing Brentwood. The views will be spectacular living at Brentwood THREE, a new tower in the master-planned development that started previews in late September.

"We're so lucky to be living in a city that's gorgeous everywhere you look," says Wilson. "Brentwood THREE has expansive terraces to experience everything the gorgeous Lower Mainland has to offer with endless views from every home in all directions".

Once you're ready to turn indoors and start your day, you'll find a beautiful suite with all the trappings of modern elegance and style.

High-quality finishings in the one-, two- and three-bedroom residences come standard: polished stone countertops, European cabinetry with soft-close hardware and high-end Bosch European appliances, including a refrigerator and dishwasher concealed behind the cabinetry.

The homes were designed with space-saving features like a convenient kitchen island with breakfast bar and floor-to-ceiling cabinets to provide up to 40 per cent more storage space. Residents will enjoy features normally found in much larger residences, including a laundry room with side-by-side washer and dryer.

The master-planned community was designed by noted architect James Cheng to accommodate the West Coast lifestyle with convenience, practicality, and elegance.

Experience the three new show homes at the 15,000 square feet Presentation Centre at The Amazing Brentwood located at 4567 Lougheed Highway (Brentwood Mall).

Open daily noon to 5 p.m. Register today for additional information at theamazingbrentwood.com or call 604.563.8386.

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MORE AMAZING HOMES. SAME FUNDAMENTAL VALUES.

We sold out towers BRENTWOOD ONE & TWO! Now we're bringing you BRENTWOOD THREE which will continue giving homeowners unprecedented value in these **8 AMAZING WAYS:**

**1**
**THE VISION:**
A 28-acre master-plan with everything you need

**2**
**TRANSIT AT YOUR DOOR:**
Seamlessly integrated on-site and at your door

**3**
**SHOPPING & DINING:**
250+ shops & restaurants downstairs

**4**
**ARTS, CULTURE & ENTERTAINMENT:**
In the one-acre central event plaza

**5**
**SERVICE & SECURITY:**
24 hours a day, everyday

**6**
**HOMES & AMENITIES:**
The best home design and over 25,000 sq.ft. of extras

**7**
**ENDLESS VIEWS:**
From every home in all directions

**8**
**VERIFIED VALUE:**
Get unprecedented long-term investment value

**HOMES STARTING FROM $319,900.**
**VISIT THE 3 AMAZING NEW SHOW HOMES TODAY.**

4567 LOUGHEED HIGHWAY, BURNABY (BRENTWOOD MALL). OPEN DAILY12-5PM

**LEARN MORE & REGISTER AT THEAMAZINGBRENTWOOD.COM 604.563.8386**

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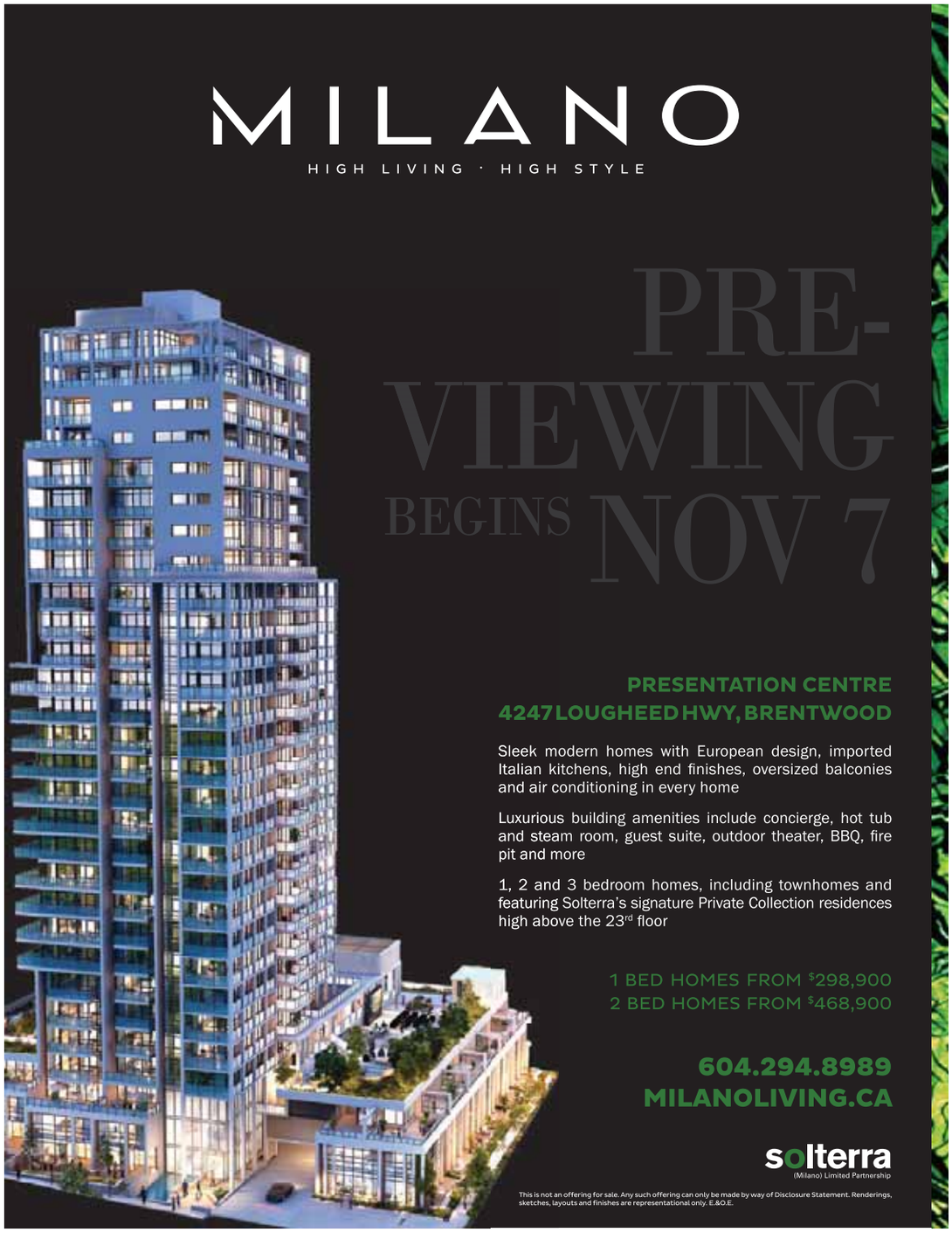


# Luxe Life in Brentwood, Burnaby

Looking for a home that's distinctively different, with a style all its own, in an up-and-coming neighbourhood?

There are lots of condo developments in Greater Vancouver, but none with the unique style of Milano, a new collection of 176 luxury concrete residences near Brentwood in picturesque North Burnaby.

Located on a quiet, residential street tucked away from the hustle and bustle, yet two blocks south of Brentwood SkyTrain Station, Milano is the perfect place for home buyers to find a place that blends a cosmopolitan lifestyle with peace and quiet in equal measure.

Under development by Solterra Group of Companies, an award-winning Vancouver real estate development firm, Milano features a wide variety of one bed, two bed and three bed apartment residences plus a limited collection of town-houses, and work/live homes — there's something for everyone.

Classic, yet modern details impart the personality and sense of luxury often associated with European design.

The moment you walk in front doors, you're greeted by the three-story lobby space with its artwork and water feature — a cultural experience unto itself, and a grand introduction to the impressive 30-storey tower.

In each home, the kitchen is the heart of the living space, with high-end Italian imported cabinetry, quartz countertops, integrated premium appliances, over-height ceilings and air conditioning in every home. Use your oversized balcony like the Italians do, and enjoy your coffee and biscotti on a sunny afternoon, with a view across the city.

Milano's amenities allow you to treat yourself, and show your guests the hospitality they deserve. The kitchen and lounge areas provide a generous place to cook and relax in a group, and provide a place to meet your neighbours. The land-scaped outdoor terrace will provide homeowners with nearly 20,000 square feet to enjoy, including a sophisticated outdoor dining area, fire pit, lounge areas — all fully furnished — as well as a children's play area and putting green. Solterra's signa-ture outdoor movie theatre is a unique addition that makes for a wonderful way to enjoy visual entertainment outdoors in the hot summer. The residents-only gym comes complete with a steam room, hot tub and change areas.

You can shop like an Italian too — with all your shop-ping and dining needs just steps away from home, including Brentwood Town Centre, Whole Foods, Joey's Burnaby, Cactus Club and more. Milano is the complete package. For more information and to book your own private tour during Milano's previewing period, visit MilanoLiving.ca or call 604.294.8989.

Previewing begins November 7th and our presentation centre — 4247 Lougheed Hwy, Burnaby B.C.

# Turn a new leaf at South Point Walk

CONTRIBUTED

Fall is a time of change — the perfect time to find a new home. And there's no better place in the Lower Mainland to find a beautiful, comfortable and central home that's eminently affordable, than South Point Walk.

Homes at South Point Walk, a 42-unit condo development, put lifestyle front and centre. Luxury is the word of choice, and homebuyers are looking for surpassing quality.

"Whether you're buying your first home, upgrading to a new home, or downsizing, South Point Walk is the place to do it in style," says Vanessa Isler, Director of Sales and Marketing at StreetSide, the developer of South Point Walk.

The one-bedroom, two-bedroom, and two-bedroom-plus-den homes at South Point Walk are elegantly appointed with quality finishings including gas ranges, stainless steel appliance packages, Shaker-style cabinetry, and thick quartz island countertops.

The style doesn't stop in the main areas of the house. Even in the privacy of your bathroom you'll enjoy the simple luxuries of beautiful, durable finishes and space saving features. The polished stone counters, chrome fixtures and deep soaker tubs speak for themselves. The ensuite bathrooms are your private spa, with in-floor heating and large showers.

Fewer than 15 homes remain at South Point Walk, and now with the development's special fall move-in sale, buyers can unlock even more value — saving up to $5,000 off their home purchase. Buyers can own with just five per cent down.

Set in a verdant, garden-like enclave, the boutique neighbourhood is tailored to residents' needs, and has everything you're looking for to create the life you want. It's all here: shopping and restaurants, parks and pathways, trails and transit.

The shopping and entertainment destinations are close at hand, with the South Point Exchange mall and South Point Annex shopping centre just around the corner.

The development is also within a short distance of diverse nature walks, golf courses, a rowing club, and seaside promenades, for your everyday enjoyment of the neighbourhood — your venue to enjoy all the beauty that autumn has to offer. The South Point Walk sales centre and display suite are now open at 15188 29A Ave., Surrey, 604.560.3238. Or go online at southpointwalk.ca.


FALL MOVE-IN SALE

SAVE UP TO $5,000* NOW • 15 HOMES REMAIN • FROM THE 240'S* INCL NET GST

SOUTH POINT WALK

Live in the heart of South Surrey where everything you need is nearby. Shopping and restaurants, parks and pathways, trails and transit – it's all here. Walk to South Point Exchange Mall or the shops at High Street. Choose a spacious 1, 2, or 2 plus den home elegantly appointed with quality finishings including gas ranges, stainless steel appliance packages, Shaker style cabinetry, and thick quartz island countertops. This fall is the perfect time to move in to South Point Walk and save up to $5,000* off.

SALES CENTRE OPEN DAILY

12–5 pm (Except Fridays), 152nd Street & 29A Ave, Surrey

* See sales representative for details. Prices and incentives subject to change without notice.

604.560.3238

SouthPointWalk.ca

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# Apps to keep your business flowing

TECH

## Download these options to keep you on track, on time and on budget

**Marc Saltzman**

While today's smartphones have evolved into digital Swiss Army Knives — capable of messaging and surfing, music and games, pictures and video, GPS navigation, and more — it's apps that truly customizes the user experience.

This is especially true for small- to medium-sized businesses in need of apps to help remain productive — even while travelling in another city or country.

Not only are there hundreds of thousands to download from Apple's App Store and Google Play for Android devices, but many of them are free or close to it. Here's a look at a few notable suggestions.

### Dually noted

Got a million-dollar idea? Come up with the perfect sales pitch for a finicky client? Envision what the new store extension should look like? Type, sketch or speak inside of Evernote (free for all major platforms) and all of your notes will be synchronized with your PC or Mac for safe keeping.

Dubbed "the workspace for your life's work," Evernote lets you drag and drop web pages, photos and audio clips onto your digital canvas to flesh out your ideas. You can even take a picture of book or magazine text and have it converted into text, making it a convenient solution for saving content and even searchable by keyword. Evernote works with many other apps, too, such as DocuSign, Scanner Pro and Sunrise Calendar.

### Remote possibilities

Available for multiple mobile and desktop platforms, Splashtop Remote lets you log in to another computer wirelessly from your smartphone, tablet or computer, to see and control the remote PC or Mac as if you were sitting in front of it. It's not the first solution to do this, mind you, but Splashtop does one better by letting you stream full-motion video and audio from your computer to the smartphone or tablet (those bored in a hotel room can log into their work or home computer to stream TV shows). Encrypted for added security, Splashtop Remote also lets you access your desktop's web browser to surf to sites with Flash — something that's not as easy on iOS devices. Use Splashtop for free on the same network or pay $16.99/year for the iPad and iPhone versions.

### Offsite done right

Create one central and secure place to hold all your "stuff" and access it all on multiple devices — this is the idea behind Dropbox (free; for all major platforms), the popular cloud solution for storing, accessing and sharing your documents while on the go. Once you log into your account — from virtually any Internet-connected device over cellular or Wi-Fi connectivity — open, edit and save documents as if they were stored locally. Similarly, instead of clogging someone's inbox with a huge file, send them a link to access what they need. Have some downtime? You can even stream music and movies right from Dropbox. The basic (2GB) account is free, but you can upgrade to 1 terabyte (TB) for $11.99/month or $119/year.

### Speak up

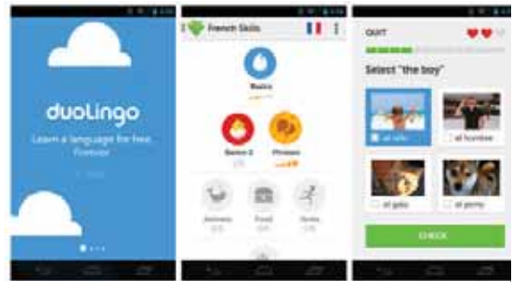
Parlez-vous Francais? Hablas Espanol? Sprechen Sie Deutsch? A must-have for global jetsetters, Duolingo is a free download (iOS, Android, Windows) that helps you tackle languages including French, Spanish, German, Italian, English, and many others.

With accessible bite-sized lessons, you'll start off matching words with pictures, hearing what they sound like and saying words into your phone or tablet. Duolingo also rewards you with XP (experience) points and hearts, adding a fun and motivational "gamification" element.

### To serve and protect

It's crucial to set up a remote wipe for your phone — just in case it's lost or stolen — to prevent your information falling into the wrong hands. Free apps such as Find My iPhone (iOS), Android Device Manager (Android), BlackBerry Protect (BlackBerry) and Find My Phone (Windows Phone) let you remotely lock your device, display a message ("Please call me for a reward"), wipe the data clean, and/or track it on a map.

While these apps work, there's a catch: All four require you to set it up ahead of time. There's also smart third-party solutions that can track n' wipe, including Symantec's Norton Security.

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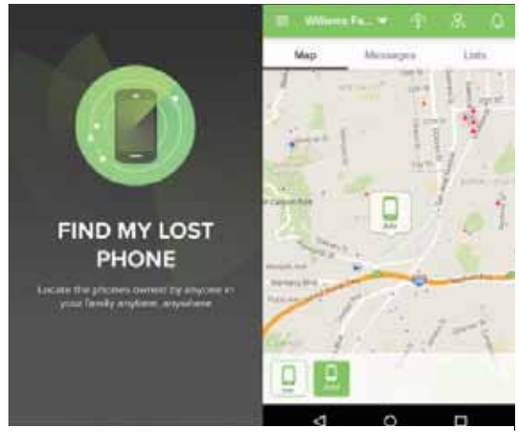


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# Save cash when travelling using your mobile device

When travelling for work or play, you no doubt have your smartphone along for the ride.

After all, your pocket-sized companion helps keep you organized, connected, productive and entertained while on the go. A mobile phone is also your GPS navigation device, camera and activity tracker.

Problem is, you're probably afraid to use your phone outside of Canada — for calls, texts and data (email, web browsing) — especially given the horror stories of travellers coming home to an astronomical wireless bill. As long as you take heed to these following tips, you won't need to suffer from "phone bill phobia."

**Don't be afraid to use your cellphone when travelling — just learn how.** SHUTTERSTCOK

### Contact your carrier

Look into a smart travel plan before you go. You might be surprised how affordable these new plans are. Rogers, for example, now offers a $5/day unlimited talk, text and data plan for U.S. visitors. Smaller players like Wind also offers aggressive packages, such as unlimited data, text and up to 2,400 minutes of Canada-U.S.-wide talk for $15/month. Tell your carrier where you're going and push for the best rate possible, based on how long you need it and whether you need talk, text or data (or all of the above).

### Seek free Wi-Fi

Use free Wi-Fi hotspots – found in coffee shops, hotel lobbies and airports – instead of cellular connectivity. You can upload pics to social media, read email and browse the web – but resist tasks like online banking or shopping until you're on a secure connection back at home. Pro tip: You can also use Wi-Fi to make free phone calls; free apps like magicApp (for iOS and Android) let you make unlimited local and long distance calls to U.S. and Canadian landlines and mobile phones.

### Disable "push" mail, apps

If you don't want to turn off "data roaming" altogether (found in the Options/Settings section of your phone), you should at least disable you email's "push" feature.

"Push" refers to pushing email to your device when it arrives in your inbox instead of you manually "pulling" it down from the server. iPhone users can turn off "Fetch New Data" in the Mail, Contacts, Calendars settings, while Android users can disable the "Sync" option in the mail app's settings. Similarly, temporarily disable push notifications for apps that support it, such as live sports scores and news headlines, as it also eats up data.

### Consider text, IM

If you want to stay in touch while on the go, use text messaging or instant messaging – BBM, WhatsApp, Kik, Skype, iMessage, Google Hangouts, Viber or Facebook Messenger – as opposed to making a voice call over cellular. Why? It's a lot quicker and cheaper.

After all, there's a lot less "small talk" when chatting via typed words opposed to a phone call. Also, remember that all incoming texts are free, so don't stress if you receive one while out of Canada — just don't reply if you don't want to be charged by your carrier.

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metro SPORTS

After winning the five-hour epic that was Game 1, the Royals beat the Mets 7-1 Wednesday to take a 2-0 World Series lead

# Waston haunted by last season's dodgy Dallas call

Trevor Cox GETTY IMAGES

WHL

## GM hopes to boost morale with deals

With his team mired in a three-game losing streak, and with two wins in the last 10 games, Vancouver Giants' general manager Scott Bonner completed another blockbuster trade Wednesday morning, acquiring Trevor Cox from the Medicine Hat Tigers.

Heading back to Medicine Hat is defenceman Clayton Kirichenko, as well as a second-round pick in the 2018 bantam draft. This most recent trade came just 26 hours after the Giants and Calgary Hitmen completed a five-player swap.

Cox, an overage forward, scored 29 goals and 109 points in 69 games last season with the Tigers. The move goes beyond the numbers. After a strong start, with three wins in their first four games, the Giants have one win in their last eight games.

Bonner began to sense, during this stretch, the same negative feeling that plagued his team last year starting to sneak back into the minds of his players, and made the trades to help nip it in the bud before another season snowballed beyond control.

"That was my biggest concern," said Bonner in a phone interview Wednesday, just a few hours before the Giants wrapped up a five-game home stand with a visit from the Lethbridge Hurricanes at the Pacific Coliseum.

"If that creeps in here, it's really hard to get out again. And I could see some of the guys who have been here a while were thinking, 'Here we go again.'"

CAM TUCKER/METRO

MLS PLAYOFFS

## Defender still bitter as Caps' prepare for big semifinal

Cam Tucker
Metro | Vancouver

Kendall Waston can't escape it. Thanks in part to this digital world of today, the Vancouver Whitecaps' towering Costa Rican centre back has watched over and over again the play that resulted in a handball in the box call levied against him late in the second half of last year's single-elimination playoff match with FC Dallas.

The controversial decision from referee Mark Geiger resulted in the eventual winning goal for Dallas on the ensuing penalty kick and, mere minutes later, the devastating end to the Whitecaps' 2014 season.

"Oh, that was a hard one," said Waston, named the Whitecaps' Player of the Year for 2015. "After that call, I was feeling so angry."

Waston said he's watched video of the call "almost a thousand times" and that includes as recently as last Sunday.

"I was on the Internet and, I don't know why, it shows up," he said, laughing. "Now I could laugh. Before I was crying."

Goalkeeper David Ousted was asked: If there was one word to describe the feeling of sitting in the Whitecaps dressing room after that loss, what would it be?

"Bitter," he replied. "I think you can use a lot of superlatives to describe that feeling but it was definitely tough."

The Whitecaps' Kendall Waston is still bitter and angry about the penalty call against Dallas that ended the Whitecaps' season.
DARRYL DYCK/THE CANADIAN PRESS

It's been a full year now since that loss, back on Oct. 29, 2014. The sun has come up every morning since. The Whitecaps are right back in the MLS Cup playoffs. Instead of being forced into a one-game showdown in the knockout round, the Whitecaps are off to the Western Conference semifinals.

Vancouver's opponent for the next round has yet to be determined, however it will be one of the three following teams: The L.A. Galaxy, Portland Timbers or Seattle Sounders FC. The two-leg, home-and-home semifinal stage begins Nov. 1 with the Whitecaps on the road.

The Whitecaps and their opposition will return to Vancouver for the second and deciding leg at BC Place Stadium on Nov. 8. Whatever bitterness still resonates from last year's result, it appears Whitecaps head coach Carl Robinson has hoped to turn it into a positive tool of motivation for his club.

"(Robinson) is one that tell us," said Waston, "always remember those feelings because those feelings can make you stronger."

Canucks' Alex Biega
RICH LAM/ GETTY IMAGES

NHL

## Canucks recall Biega, Gaunce from AHL

The Vancouver Canucks traveled to Dallas dealing with an early-season bout of injuries to veteran players in forward Brandon Prust and defenceman Dan Hamhuis, precipitating a call to the farm team in Utica.

The Canucks on Wednesday recalled forward Brendan Gaunce, the club's first-round pick in 2012, and journeyman blue liner Alex Biega from the AHL's Utica Comets.

Prust left Tuesday's game against the Montreal Canadiens after catching a rut in the ice and rolling awkwardly on his left ankle along the boards. Despite skating off under his own power, the rugged forward didn't return to the game.

He told reporters afterward that an X-ray came back negative, but he was still scheduled to undergo an MRI on Wednesday. He didn't anticipate traveling with the team and said he "wouldn't be skating for a few days."

**.930**
**Ryan Miller's save percentage since he moved to Vancouver.**

Meanwhile, Hamhuis was scratched from the lineup. The club announced he wouldn't travel and was still being evaluated for a lower-body injury.

With the Canucks set to play on back-to-back nights on this trip, it seems likely goalie Ryan Miller will get a game off.

The 35-year-old Miller is off to a splendid start to his second season in Vancouver, with a .930 save percentage and 1.97 goals-against average, but he's started every game for the Canucks so far and it stands to reason he'll need a rest at some point in the immediate future.

The Canucks are still without Jacob Markstrom, penciled in to be the back-up but out right now with an injury, which means they would call on Richard Bachman to get a start. CAM TUCKER/METRO

# Canucks have a lesson to learn from Leafs

THE HOCKEY NEWS
**Ronnie Shuker**

It's rare that the Toronto Maple Leafs have anything to teach other franchises how to run a successful NHL team on the ice. But the previously mismanaged Maple Leafs have turned things around in the front office, and the lessons they've learned (the hard way) should be taken to heart by the Vancouver Canucks.

As the Canucks approach the 10-game mark of the season, the most pressing issue right now for president Trevor Linden, general manager Jim Benning and coach Willie Desjardins is whether to keep Jared McCann and Jake Virtanen or send them back to junior. The two should never have started the season with the team anyway, but that's a moot point now. At the very least, the Canucks can do the next best thing and let this pair of first-rounders mature at a proper pace in the best environment for their development.

The Leafs allowed Michael Nylander and Connor Brown, two of their top prospects, to make it to the final round of cuts in training camp, but they never had any intention of keeping them. The two were always destined for their American Hockey League affiliate, the Toronto Marlies. Even with recent injuries upfront, the Leafs didn't bring either player up to make their NHL debut. Instead, they've left them in the minors, where they can develop playing upwards of 20 minutes a game in key situations against professionals.

**Jared McCann has scored four goals this season, two of which came on Tuesday night in the Canucks' 5-1 win over the Canadiens.** DARRYL DYCK/THE CANADIAN PRESS

Now, McCann and Virtanen aren't eligible to play in the AHL, so they'd have to go back to junior, but that has its benefits, too.

Max Domi of the Arizona Coyotes is a perfect example. Arizona returned Domi to the London Knights of the Ontario Hockey League for two seasons after he was drafted in 2013. He torched the OHL, and look what the kid is doing now. If the always offensively challenged Coyotes were able to maintain the foresight to let their best prospect marinate in junior instead of grow mouldy in the NHL, surely the suits in Vancouver can muster the cojones to admit their team's shot at a Stanley Cup is at least a few years down the road, not now, and leave McCann and Virtanen in junior where they can flourish instead of fail.

It took the Leafs years to get this right. The Canucks should learn from their failures, lest they, too, turn into a laughingstock of the league.


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# RECIPE Roasted Butternut Squash and Sweet Pear Soup

PHOTO: MAYA VISNYEI

**Ceri Marsh & Laura Keogh**
For Metro Canada

As comforting as your favourite nubby sweater, this soup has a subtle sweetness.

**Ready in**
Prep time: 20 minutes
**Serves 4**

**Ingredients**
- 2 lb butternut Squash, peeled, seeded and cut into 2 inch chunks
- 3 shallots, quartered
- 3 heirloom carrots, cut lengthwise and then in half
- 2 cloves garlic
- 2 tablespoons olive oil
- 1/2 teaspoon salt, divided
- 3 cup vegetable broth
- 1 cup milk
- 1/2 cup apple cider or water
- 3/4 cup pear puree
- Sour cream or Greek style yogurt for garnish

**Directions**
**1.** Preheat oven to 400 F.
**2.** Place squash, shallots, carrots and garlic in a large bowl and toss with the olive oil and 1/4 teaspoon salt.
**3.** Spread vegetables in a single layer on a large, rimmed baking sheet and roast in the oven for 50 to 55 minutes, or until fork tender. Let cool.
**4.** Place vegetables and 2 cups of vegetable broth into a blender and puree until smooth. Pour the puree into a large sauce pan over medium-low heat and stir in the rest of the broth, milk, water or apple cider, pear puree and remaining salt. Allow soup to cook until hot for about 10 minutes, stirring occasionally.
**5.** Serve with Greek style yogurt or sour cream.

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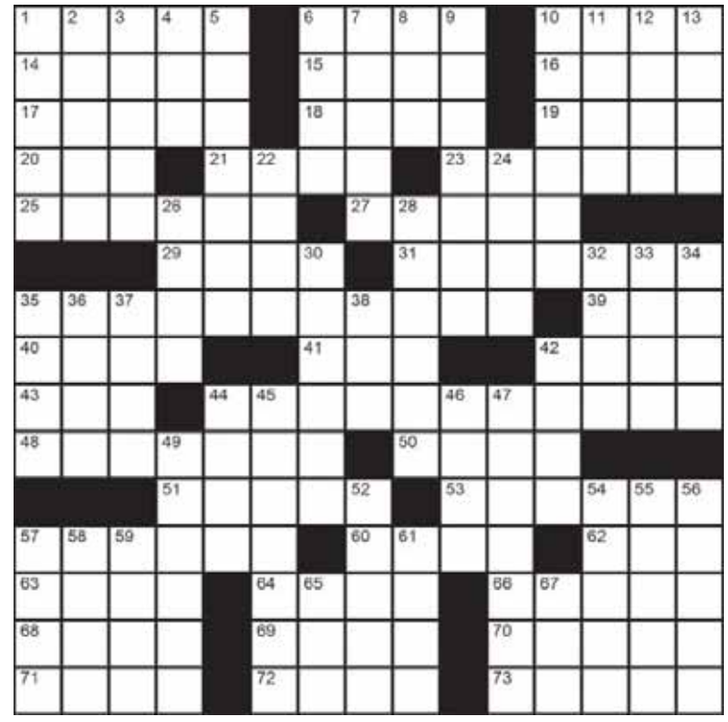
# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Brainy
6. Crumbly soil
10. Crow's cries
14. _ New Guinea
15. Beauty cream ingredient
16. Butter substitute
17. Band of eight
18. Longing
19. Racetrack fence
20. Actress Charlotte
21. Canned fish
23. Shoot for
25. Variety of flatfish
27. Official li'l affirmatives from the planned party's invitees
29. Bellow
31. Overdue debts unpaid
35. Frankenstein author: 2 wds.
39. Actor Jason
40. Image
41. Person's story, for short
42. Archipelago part
43. Moo _ pork (Takeout dish)
44. Kiefer Sutherland is a vampire in what 1987 movie?: 3 wds.
48. Embark on a cruise: 2 wds.
50. Wall St. landmark, commonly
51. Centre point
53. Acapulco's locale
57. Malign
60. Suit piece
62. Bring in
63. Mine entrance
64. Depose
66. Squishy impact sound effect in comics
68. Hollywood legend Lillian
69. Fertilizer ingredient
70. Remove the pencil markings
71. Remain
72. Takes a chair
73. Wasteful place beneath the street

**DOWN**
1. Baseball, for example
2. Gambling mecca in China
3. More likely to
4. Regret
5. Arm 'sleeve' drawings
6. Key
7. Ritual site
8. Bird of myth
9. Port city of France: 2 mots
10. Coffin occupant
11. Jai _
12. CNN journalist Bill
13. Exclusive
22. Salt Lake City's locale
24. Agile
26. Welsh opera singer Mr. Terfel
28. Ghost town building
30. Riots
32. Moreover
33. Depend on
34. Notices
35. Pine for
36. Be sore
37. Really beat, in sports
38. Small, small-ly
42. Wild goat
44. Kite part
45. Horrific
46. Types of orchestras, for short
47. Bloodsucking bugs
49. Anvil-user's workshop
52. Remote's target: 2 wds.
54. "Monster-_-_" (2005)
55. Terminate
56. Weasel kin
57. Pre-riches duds
58. Modify
59. Certain credit card
61. Airport scr. postings
65. Mr. Geller
67. Before

# IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20
It's not like you to have such a thin skin. Get over worrying about other people's reactions, because you will soon have to do something that not everyone will agree with.

**Taurus** April 21 - May 21
Any worries about an affair of the heart will be laid to rest. You have never been more loved and admired. The sooner you recognize that fact the happier you will be.

**Gemini** May 22 - June 21
If a relationship of a practical nature is to be a success you are going to have to give ground. No matter how independent-minded a Gemini you may be you must make an effort to meet others halfway today.

**Cancer** June 22 - July 23
The next few days should get even better, especially if you have the courage to follow your instincts. Ignore those who dissuade.

**Leo** July 24 - Aug. 23
You must be decisive when dealing with others. If you give the impression that you don't know what you are doing they may lose confidence in you and go to someone else for the advice and assistance they need.

**Virgo** Aug. 24 - Sept. 23
You may disapprove of what a friend is doing but don't tell them. According to the planets they are being forced by events over which they have no control. Maybe you should support them.

**Libra** Sept. 24 - Oct. 23
After the trials and tribulations of the past few days what happens next will be more to your liking. You may even receive news of a windfall that solves a financial problem. Will it stop your reckless spending habits?

**Scorpio** Oct. 24 - Nov. 22
Even if you are feeling a bit run down the Sun in your sign will revive you and give you a second wind. Be careful with money though. Spend less and save more.

**Sagittarius** Nov. 23 - Dec. 21
A positive attitude is essential. Whatever issues you have to face, you are big enough and tough enough to deal with them. The right frame of mind will get you the right result.

**Capricorn** Dec. 22 - Jan. 20
Someone you meet on your travels could be very important to you career-wise. Once you have made contact be sure to develop a friendship.

**Aquarius** Jan. 21 - Feb. 19
The Sun in the career area of your chart will make it easier for you to take center stage. But once you have made a good impression you must keep it going. It is not enough to be a star just for a day or two.

**Pisces** Feb. 20 - March 20
If you have a longing to travel, to visit faraway places, you will almost certainly be on the move over the next few weeks. The Sun in Scorpio will awaken your sense of adventure. It's time to start doing!

## CONCEPTIS SUDOKU by Dave Green

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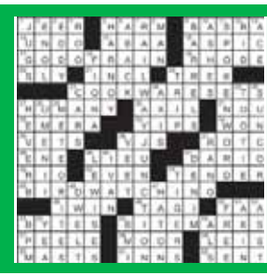

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